

Ka'ū Youth Produce Winning Videos for Digital Mountain. See Page 10



Boys & Girls Clubs in Ocean View, Nā'ālehu and Pāhala offer intercession programs and many after-school activities for kids.

See Page 24



Devin Kokubun and his team won Heaviest Overall after hauling in a 183 lb sow at Jungle Express.

See Page 14



America's Best Idea is the National Parks system, according to a series of films that premiere on the big screen at Volcanoes, the small screen on PBS.

See Page 21

THE KA'Ū CALENDAR

Volume 7, Number 12

The Good News of Ka'ū, Hawai'i

October, 2009

All Community Invited to Second Summit for Ka'ū

Ka'ū residents are invited to a second Community Summit to review and comment on work-in-progress towards a Ka'ū Community Development Plan. The Summit will be held Saturday, Oct. 17, from 10 a.m. to noon at Nā'ālehu Community Center. It is another step in the public process to create a plan to guide Ka'ū's future. When the County of Hawai'i adopts the community's plan, likely in 2010, the guidelines will have the force of law.

"Between now and November, we want to redouble our efforts to talk to everybody in the community interested in participating in this process," said Leina'ala Enos, who chairs the volunteer Steering Committee for the Ka'ū Community Development Plan. "We think just about everybody will be interested when they understand that our CDP will go a long way towards determining how Ka'ū will look and feel well into the next generation."

Everyone is invited to share mana'o, the knowledge and facts about Ka'ū. Fishermen and hunters; farmers and ranchers; carpenters, electricians and plumbers; small business owners; people in need of housing and jobs; people concerned with education, environment and the economy, and landowners, are all encouraged to participate in the Summit, along with anyone else interested in the future of Ka'ū.

An Open House

An open house affair, the Summit will
Summit Meeting, pg. 2



Kaiāulu Mauka will grace the cover of *The Directory 2010*, sponsored by the Ka'ū Chamber of Commerce. The painting is by Peggy Brown. See story on Page 5.

Pāhala School Makes Progress

by Nālani Parlin

Ka'ū High and Pāhala Elementary School improved its Hawai'i State Assessment test scores in 2009. The news was reported at September community outreach meetings for parents in Ocean View and Pāhala. Over the past three years, the school made progress toward meeting required No Child Left Behind performance targets, measured by the Hawai'i State Assessment, the annual test given to students in third to eighth grade and to high school sophmores.

Ka'ū High and Pāhala Elementary met 14 of the 17 NCLB performance targets in 2009. When it reaches all, it will advance to "Adequate Yearly Progress," said Cheryl Maesaka, who has been compiling the HSA test data for the school.

Fifty-six percent of all students met proficiency in reading as measured by the spring 2009 Hawai'i State Assessment. Even though the school's proficiency objective of 58 percent fell short, the school met its goal by decreasing the number of non-proficient students 10 percent or more.

NCLB requires all students, even those with learning disadvantages like socio-economic status, race, language barriers and

Ka'ū Schools, pg. 4

Oct. 7 Deadline for Input on Kahuku Resort Notice

Public comment is due on Oct. 7 regarding Nani Kahuku 'Āina's Environmental Impact Statement Preparation Notice for its plan to create hotels, golf courses, airport, housing, commercial and industrial developments on 16,450 acres between South Point and Ocean View makai of Hwy 11. The notice can be read at the state Department of Health's Office of Environmental Quality Control website at <http://hawaii.gov/health/environmental/environmental/oeqc/index.html>.

The developers are required to address

all comments in their upcoming draft Environmental Impact Statement. Comments can be sent to the Hawai'i County Planning Department, Aupuni Center, 101 Pauahi Street, Suite 3, Hilo, HI 96720 and the developer and its consultant at PBR Hawai'i, 1001 Bishop St. ASB Tower, Suite 650, Honolulu, HI 96813. OEQC also accepts comments.

Nani Kahuku 'Āina, LLC, a Delaware Limited Liability Corporation, and its principals Val and Catherine Peroff have notified the county and the state Department of

Health that they plan to submit an Environmental Impact Statement, petition for a General Plan amendment, and ask for zoning changes and state Land Use Classification changes and permits.

The Ka'ū Calendar mis-stated in its September issue that the developers had asked the county for the zoning changes. In fact, the developers have taken the first step toward asking for zoning changes by providing the county with the EIS Preparation Notice.

Kahuku Villages, pg. 5

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Also in this issue: P4 Pāhala * P5 Kahuku * P6 Nā'ālehu * P8 Business * P9 Event Calendar * P11 Sports * P12 Sports Calendar * P16 Religion * P17 Ag * P18 Star Map * P19 Health * P20 Recipe * P21 Volcano * P23 Classifieds * Inserts: Nā'ālehu Market, Ka'ū Community Development Plan

Summit Meeting, cont. from pg. 1
offer plenty of food and plenty of opportunities to see, up close, the information gathered and compiled by the project team so far. Revised maps, charts and other presentations from a similar event in September will be shown to the community for additional comments and corrections.

The Charrette

Comments gathered at the second Summit will be used in the final edit of a Community Profile to inform idea-testing during a six-day public workshop called a "charrette," Nov. 16-21, at Nā'ālehu Community Center. During that week, the CDP project team, in collaboration with residents, will produce the first rough draft of the Plan. The charrette will build on some nine months of public participation and research.

Public Participation

Public input began with identifying community values, visions, and priorities through surveys and "talk story" sessions overseen by the county in late 2008 and

early 2009. The talk story sessions were held with Ka'ū interest groups, ranging from students to kupuna, from those in agriculture and business to those whose passion is environment and preservation.

Some 1,200 Ka'ū residents participated in surveys and talk stories, 14 percent of the Ka'ū District population. A higher percentage of community members offered their comments for the Ka'ū Community Development Plan process than for any other community development plan completed on this island to date, planners said.

"For a CDP to be most effective," said county long-range planner Ron Whitmore, project manager for the Ka'ū CDP, "it's crucial it genuinely reflect community character and goals for the future. Getting community input early in the planning stages is a high priority, and we welcome public participation every step of the way."

Community Development Plan

A Community Development Plan is

Summit Meeting, pg. 6

Enriques asks for Community Input on Kahuku Development

Determining his vote on whether to upzone 16,450 acre for resort, residential and commercial development at Kahuku would depend on "what the community wants," Council member Guy Enriques told the public during his talk story sessions in Pāhala and Nā'ālehu in September.

The proposal, in the Environmental Impact Study preparation stage before going for county General Plan amendments and zoning changes, would upzone 7,330 Conservation acres, 1,240 acres becoming Urban, 2,430 acres becoming Rural and 3,660 acres becoming Agriculture. The plan also calls for upzoning 1,090 acres from Agriculture to Urban. The 720 acres left in Conservation would have a preserve for turtles and archaeology. According Nani Kahuku project manager Aaron Eberhardt, the golf courses would be outside the remaining conservation district.

Land to be left in Agriculture is referred to as Agriculture Energy Farms, according to the developers' planning maps. A strip of land is also designated for a regional airport that could be as large as Lihū'e Airport on Kaua'i, the developers told *The Ka'ū Calendar*.

The land is located makai of Hwy 11, between Ocean View and Kamehameha School lands north of Kalae Point. It can be easily seen from the scenic lookout between Ocean View and South Point road. Enriques said that should the development proposal move forward, he may eventually coordinate a liaison group of Ka'ū citizens to meet with the developers to help negotiate benefits that the community would receive for whatever zoning and development wins approval. "What can we accept? How close to the coastline?" he asked. He said he would like any

community benefits of any new development in Ka'ū to be perpetual. He pointed to the windmills at South Point, saying they are in the view of the vast, open lands of Kalae, but the community receives little benefit from the owners of the windmill and no break on electric bills.

Concerning Kahuku, Enriques said, "I will support this if the community supports this.... I believe we have leverage to downsize what they build...to really have a say in how and what they do."

"If it's to our liking and the benefit is humongous, maybe we ought to look at it," he said. Enriques urged people to participate in the Ka'ū Community Development Plan. He talked about how the CDP will be an important tool for future growth of Ka'ū, but that its job is not to negotiate projects like this (Nani Kahuku 'Āina) for the community. "Every time a developer comes in, the first thing I will ask them is, 'Does this

Enriques on Kahuku, pg. 18

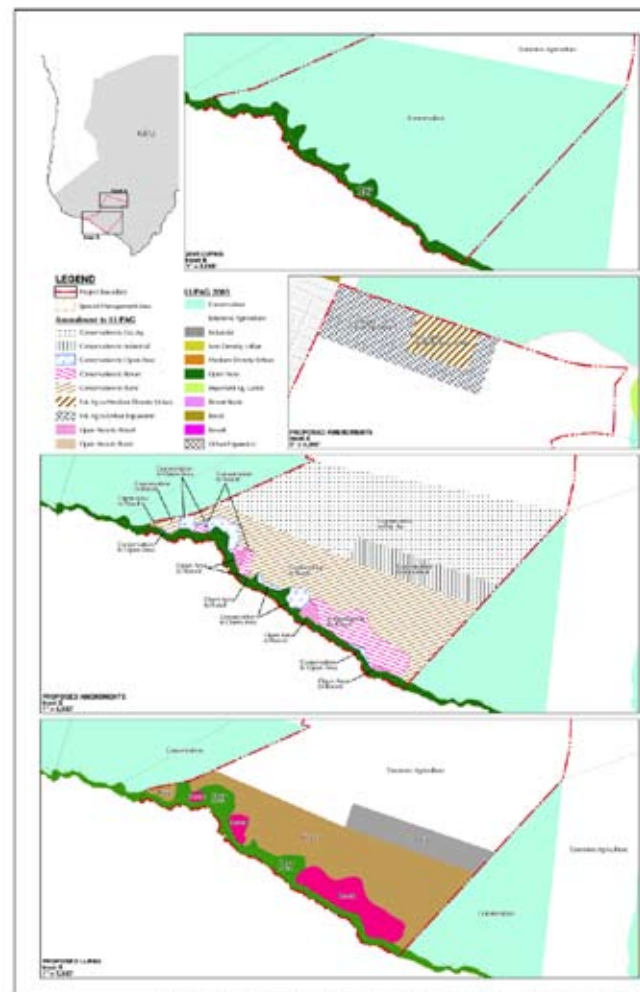


FIGURE 20. Proposed General Plan LUPAG Map Amendment



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- 1 **CREATE** your 8" by 8" astronomy-inspired patchwork art on a plain white piece of paper.
- 2 **WRITE** on and **ATTACH** a separate piece of paper the following information:
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- 3 **SUBMIT** your entry to any KTA Super Store or Waikoloa Village Market
- 4 **EARN 20 EXTRA POINTS** for your school just by entering in the contest!

Contest ends
October 13, 2009





3 Grand Prizes!

- Field trip for the winner's class to either the Imiloa Astronomy Center, Astronaut Ellison S. Onizuka Space Center or W.M. Keck Observatory
- A star in the winner's name
- Inclusion of winning patchwork art in final quilt
- 500 extra points for winner's school

3 First Prizes!

- Pizza party for entire class
- Inclusion of winning patchwork art in final quilt
- 250 extra points for winner's school

3 Second Prizes!

- Inclusion of winning patchwork art in final quilt
- 100 extra points for winner's school

There will be winners in each of three categories • Elementary • Middle School • High School
A quilt with the nine winning patchwork art pieces will be created by and donated to Project Linus
NO PURCHASE NECESSARY. See Official Rules for complete details, available at KTA or Waikoloa Village Market Courtesy Counter. Ends 10/13/09.

THE KA'Ū CALENDAR

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Mayor Eyes Deep Budget Cuts for 2010

Deep and painful budget cuts will be necessary to carry the county through the next fiscal year, Mayor Billy Kenoi told his staff at a September meeting to kick off budget preparations for fiscal year 2010-2011.



The county's projected budget shortfall is more severe than ever, the mayor said. The county already faces a \$44.8 million hole in next fiscal year's budget, which combines \$33.8 million less in projected revenues and \$11 million more in projected expenses. Projected revenue

losses include 10 percent of real property taxes, the county's largest source of revenue, amounting to about \$17.9 million. The county also expects to see a loss of interest on investments amounting to about \$1.6 million. Finance Deputy Director Deanna Sako also warned that the Employer Union Trust Fund may add to the budget difficulties by increasing health insurance premiums for employees after Jan. 1.

"We've never faced what we face today," said Kenoi, "which means we've got to take steps that we never took before" to make government more efficient and reduce spending. "Next year's budget situation would be a lot worse if we hadn't already asked our department heads to implement five percent cuts during their first six months on the job. Then we asked them to cut another 10 percent in the current fiscal budget that began July 1. My staff and I also took five percent salary cuts, and we eliminated 55 vacant county positions to help balance the existing budget."

If the state were to take the county's \$17.9 million share of the Transient Accommodations Tax on hotel rooms, the situation gets much worse, Kenoi said. Next fiscal year's budget shortfall would be closer to \$64 million without the county's share of the TAT. "That's \$100 million taken out of our budget over two years -- gone," Kenoi said. "That is a real possibility."

"There will be a major shift in how the county is going to look," Kenoi said, as departments are asked to consolidate programs and services where significant savings can be achieved. He encouraged departments to start

County Budget Cuts, pg. 7

Administration: Hard Times but Optimistic About Future

by Ron Johnson

Hawai'i County is experiencing hard times, but "we're going to make it," Hunter Bishop, Mayor Billy Kenoi's public information specialist, told the Ka'u Chamber of Commerce during its September meeting at Pāhala Community Center.

Bishop, who represented the Kenoi administration at the meeting, discussed the county's use of stimulus money received from the federal government. Of \$400 million requested, the county has so far received \$98 million and expects more to be approved.

Regarding Ka'u specifically, stimulus money is being used for maintenance of Ninole Bridge; work in Hawai'i Volcanoes National Park, including a new Emergency Operations Center and upgrading of volcano monitoring equipment at Hawai'i Volcanoes Observatory; and work at Bay Clinic facilities and improvements to its health care information technology. Other spending that benefits Ka'u includes the purchase of new buses and construction of bus shelters, expansion of job training, meals for the elderly and emergency food assistance programs.

Ocean View Water

Rell Woodward, of Ocean View, asked if stimulus money could be used for the water storage tank at the Ocean View well. He said that, originally, the tank capacity was to be 250,000 to 300,000 gallons, but was changed to a 100,000-gallon tank to save money. Woodward said this is less than the capacity of four water-hauling trucks.

He also asked if a cheaper, glass-lined steel tank could be installed instead of concrete. Another Ocean View resident referred to the effort of community members to establish a school there. "Having a school requires an adequate water supply."

Another resident suggested that stimulus money could be used to pipe water for agriculture from Ha'ao Springs, in Wai'ohinu, downhill to Ocean View. This same resident suggested that stimulus money be funneled to the Ocean View Health Clinic.

Tax Reductions

Bishop said that Hawai'i residents are receiving \$330 million in tax reductions, benefiting 500,000 households, a savings of about \$65 per month per family.

He said the mayors of the neighbor islands have "coalesced to bargain collectively" in getting their fair share of state funds and in purchasing services and infrastructure. In doing so, they are "maintaining unity to keep neighbor islands healthy and economically strong."

He said that tourism is suffering but "will endure because the appeal of our island is so strong. We have so much to offer."

Pointing to agriculture and energy resources such as solar and wind, he said, "This island has the potential to meet all our needs." He said the governor and legislature support efforts to restore plantation tunnels to bring water from the mountains for agriculture.

NEWS BRIEFS

Green Harvest Nets 1,015 Plants

The Hawai'i County Police Department conducted Green Harvest operations in Ka'u on Wednesday, Sept. 16 as part of an islandwide program. A helicopter focused on areas of Kona Ranchos, Ocean View, Discovery Harbour and Pāhala looking for marijuana plants during what Lt. Miles Chong called a short-term airborne operation. Lt. Chong, who was in charge, said police confiscated 1,015 plants from 31 plots. No arrests were made. He can be reached at 326-4646, ext. 226.

Salaries for Community?

A measure before the County Council allows council members to voluntarily transfer money from their salary and wages to the Contingency Relief Account, which can be used for community programs. Council members may wish to use a portion of their county salaries as a means of financially supporting chosen 501(c) 3 non-profit organizations.

Drivers Licenses Called In

Some Ka'u residents are receiving a notice from the county to bring in drivers licenses to the Kona or Hilo Drivers Licensing offices. The notice says: "We have been notified that your license may not contain the required security features embedded on it for the State of Hawai'i. This may cause problems for you while traveling or conducting business in Federal Offices." Recipients of the notice are asked to report within 10 days. "If the new required security features are not present, a new license will be issued to you at no charge," the notice says.

Moped or Motorcycle

Vehicles meeting motorcycle standards will no longer be incorrectly registered as mopeds. The County Council passed the clarification of county ordinance as mopeds have different registration requirements from motorcycles.

GMO Labeling

The County Council is considering passing a resolution urging Congress to pass legislation requiring the labeling of all food products in the United States that have been genetically engineered or contain ingredients that have been genetically engineered.

Longer Time to Load

The County Council has changed traffic laws to allow people to spend up to 15 minute in loading - unloading zones along county roads. The former limit was five minutes.

More Money for Meth Stings

The county has received a HI Impact Grant to combat methamphetamine through sting operations by the Hawai'i Police Department.

Jocks Fight Underage Alcohol

The county Department of Liquor Control is setting aside \$25,000 for its Drug, Alcohol and Tobacco Program for high school athletes who conduct alcohol awareness and prevention of underage drinking. The training is given by high school students to fifth-graders.



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New Vice Principal Applauds Tight-Knit Community

Ka'ū High and Pāhala Elementary welcomed new Vice-Principal Pauline Stamsos-Correa this fall. She is a former V.P. at both Kea'au Middle and High School. Originally from Wailua on O'ahu, Stamsos-Correa said she is enjoying working in Ka'ū's "tight-knit community. It reminds me of how I grew up." She said she appreciates the way the school and community support each other.

A University of Hawai'i at Hilo graduate, Stamsos-Correa has been living in Puna for ten years. She holds a B.A. in Sociology and a Post Baccalaureate degree in Secondary Education and has completed her certification in administration. She

has been working in education for the past eight-and-a-half years, teaching on O'ahu and also at Pāhoa High School. Prior to her career in education, she worked in the human services field.

Stamsos-Correa said she sought a position in administration because she believes by working to improve schools, it is possible to improve the community at large. "The school is the heart of any community," she said.

Some of Stamsos-Correa's goals for the school year include increasing the number of clubs on campus and increasing student attendance. She said the school is also looking at implementing positive behavior

support programs. While the elementary school already recognizes students for making good choices during the week with a special activity period on Fridays, Stamsos-Correa wants to create similar reward programs for the older students.

"Ka'ū is an excellent school and has outstanding students," said Stamsos-Correa. She said she admired the way students value friendships, community and family.

"Here, parents work together with the school to meet the children's needs. You don't always get that sense at other schools. Students are very respectful and very grounded in community and family values."

Stamsos-Correa lives in Puna with her two young children, a son in fourth grade



Pauline Stamsos-Correa is the new V.P. of Ka'ū High and Pāhala Elementary.

Photo by Nālanī Parlin

at Pāhoa Elementary and a three-year-old daughter.

Pāhala Library May Open Late October

by Ron Johnson

Re-opening of the Pāhala Public and School Library has been delayed because lead paint was found on the building's eaves. Additional funding is being sought to remove it. Librarian Dawn Shibano is hopeful that, once funding comes through, the contractor can finish removing the paint before the end of October. "Once the paint is gone, the danger is over and we can re-open," she said.

In the meantime, Nā'ālehu Public Library is maintaining the following extended hours: Monday and Wednesday, 9 a.m. to 5 p.m.; Tuesday and Thursday, 10 a.m. to 6 p.m.; Friday, 12 noon to 5 p.m.; Saturday and Sunday, closed.

Although the library is closed, the bookdrop is once again available to return items borrowed from other libraries.

For more information, call the Pāhala Public and School Library at 928-2015.



What's next for Hawai'i Island Agriculture?

The 2009 Hawai'i County Agriculture Development Plan is intended to guide the revitalization of agriculture as a basis for Hawai'i Island's economic development.

You are invited to share your ideas with the plan development team in a second round of public listening sessions to be held from 6:00 – 8:00 p.m.

- Tuesday, Oct. 20: Kohala High School Cafeteria
- Wednesday, Oct. 21: Kona Outdoor Circle
- Thursday, Oct. 22: Waimea Community Center
- Tuesday, Oct. 27: Pāhala Community Center
- Wednesday, Oct. 28: Aupuni Conference Room, County of Hawai'i Building in Hilo
- Thursday, Oct. 29: Pa'auilo School Cafeteria
- Wednesday, Nov. 4: Pāhoa Community Center

For more information, please go to www.kohalacenter.org/agplan.html or contact The Kohala Center at 808-887-6411 or info@kohalacenter.org.

Ka'ū Schools, cont. from pg. 1

disabilities, to meet proficiency levels in reading and math. The school reported that students in the disadvantaged subgroup also met their target goal with 48 percent of students proficient in reading. The Asian Pacific Islander subgroup, which includes Marshallese and Micronesian students with language barriers, met their goal with 52 percent of students proficient in reading.

Although Ka'ū High and Pāhala Elementary did not meet its objective of having 46 percent of students test as proficient in math, its overall percentage increased from 20 percent to 27 percent. The disadvantaged subgroup increased its proficiency from 16 to 19 percent and the Asian Pacific Islander subgroup increased proficiency from 19 to 25 percent.

"It usually takes years to redesign a school and make the shift happen," said Principal Sharon Beck, emphasizing that any change takes about five years until results are produced. "We are really enthused to see the trend of improvement. Our team is really focused. We are beginning to see the rewards, but we still have many challenges in front of us."

The school is in its second year of partnership with Edison Alliance, a program that "works with leadership and staff, providing support and strategies

for improving student performance," said Maesaka.

"Our data is showing that poor attendance is really impacting student achievement," said Beck. The state benchmark is 95 percent daily attendance, which means a student can miss no more than nine days of school per year. During the 2008-2009 school year, the school finished with a 90 percent attendance average. Beck acknowledged that the flu season is imminent and hoped that good home-school communication would help to decrease absences. In September students were asked to complete immunization forms to receive free flu shots on campus.

Computer Programs Help Reading

This year, the Pāhala school is using Achieve 3000, a web-based reading program differentiated to meet the needs of individual learners. Students use the program in school and have access to it at home through any computer with Internet. Parents and families can support students by encouraging them to use this program at home. Students can log in to read articles and complete activities that will help them build their reading skills.

The elementary school opens the computer lab each morning around 7:30 a.m. for students to use and receive extra

KA PEPA O KAHUKU

Volume 7, Number 12

The Good News of Ka'ū, Hawai'i

October 2009

Ocean View Artists Top *The Directory* Cover Contest

Peggy Brown, of Ocean View, is the winner of the cover art contest for *The Directory*, the annual publication of the Ka'ū Chamber of Commerce. Her painting, *Kaiāulu Mauka, Mountain Village*, was inspired by the feather hunters of old Hawai'i, she said.

The runner-up was Wanda Aus, also of Ocean View, with her painting called *The View*.

Brown, a 40-year resident of Hawai'i, said she has "a love for all things Hawaiian." In her art she recreates the tropics, sea life, people and deities of Hawai'i. She describes herself as a kama'āina who is well immersed in the island's customs, culture and history.

Kaiāulu Mauka's hunters were allowed to gather the brilliant red and yellow feathers only during molting season, for cloaks and headdresses to be worn by royalty. They ascended into the mountains with their families and stayed



Peggy Brown with her painting, *Kaiāulu Mauka*.

at small hunting villages for four to five weeks. Gathering of the feathers was difficult, having to catch the birds carefully to preserve the quality of the feathers and to let each bird return to freedom after taking only a few feathers, Brown explained.

As she worked on the painting, the artist said, "It seemed to hold secrets in its shadows. The characters took on personalities, and a story about these hunters and their families formed in my mind." This led to the creation not only of the artwork but of her first book, *Mana Nui*. A second book, which she calls part two, is entitled *Mana's Child*.

In addition to her Hawaiian art, she has painted dozens of portraits for graduations, weddings and baby lu'aus. Her landscapes and other Hawai'iana paintings have sold on the mainland and Asia as well as locally. She also carves, wood burns and paints gourds, which, along with her original paintings and prints, can be viewed at the Outpost Gallery in Ocean View on

Hwy 11.

Brown has also been a circle island tour guide for various companies and a certified helicopter instructor, opening the first helicopter flight school on the island in 1991. She and her husband Lanny currently own and operate Ka'ū Palm, Plants & Craft in Ocean View. Brown credits her husband Lanny as "the sole reason for my happiness as well as all artistic endeavors and successes."

The Directory cover contest was judged by those who attended a showing by artists in September. The winner and runner-up won \$50 each, and the first place art will be published on the cover of *The Directory 2010*, which is expected to be distributed by the end of December.



Wanda Aus with her painting, *The View*.

Trunk or Treat for Halloween

Ocean View's annual Trunk or Treat will be renewed and revamped on Saturday Oct. 31. Starting at 4 p.m. cars with trunks full of treats will convene at the Kahuku Park field. At 4:30 p.m. trick-or-treaters can visit each car, filling their bags full of goodies. A costume contest will start at 5 p.m. in the park pavilion. Pumpkins will also be available for families to carve.

When the sun sets, a special haunted house will open on the courts. Around 8 p.m. a family costume dance will begin with a D.J. spinning tunes from the 90s to today's favorites. Snacks will be available for purchase. Parents and family members are encouraged to enjoy this event with their children.

People can decorate their cars or just their trunks and enter the best-dressed car contest. Organizer Genny Galletes said that in the past people have decorated as simply as throwing a sheet over the car and calling it a ghost to the fanciful by turning their truck into a ship and dressing up as Viking sailors. Other past ideas include trunks that were turned into witches' cauldrons or decorating trunks with scary scarecrows.

Trunk or Treat began about a decade ago when families realized they needed an easier and safer way for children to enjoy the tradition of Trick or Treating. The event originated at the Ocean View Volunteer Fire Department, which would also do an annual haunted house. "With acre-sized lots in Ocean View, it is hard for kids to go house to house on Halloween," said Galletes.

The Ka'ū Calendar

Over the years, Trunk or Treat fizzled out, but the teens of the Keystone Club, teaming with Ocean View Parks and Recreation, decided to bring it back. The Keystone Club, an arm of the Ocean View Boys and Girls Club, consists of 14 students, ages 13 to 17. Galletes serves as Teen Advisor for the group. The club focuses on academic success, career development and community service. "The club is run by the democratic process. I don't tell them what to do. We vote on everything," said Galletes.

The club is looking for help with ideas for prize donations and building the haunted house, as well as anyone with extra Halloween decorations or volunteer help during the event. For more information, call Genny Galletes at 937-3335.

Keystone Club Officers are President Jared Boyd, Vice-President Ricki Velez, Treasurer Robert Sharkey and Secretary Cierra Kaopua. Mascot in charge of public relations is Hercules Soder. Other members are Alikea Kaopua, Ikaika Kaopua, Oscar Hernandez, Brian Hernandez, Natasha Kaawa Makena Quinn, Devan Delaney, Thor Soder and Dillon Braun. Assisting Galletes as advisors are Cindy Carvalho and Alexis K.

Kahuku Village, cont. from pg. 1

The Nani Kahuku 'Āina plan is included in the information the Ka'ū Community Development Plan steering committee and planners have gathered about Ka'ū, along with other former and proposed plans for land in Ka'ū. While the CDP process does not determine zoning, it translates broad General Plan goals, policies, and standards into implementation action, and will take into consideration whether the GP amendments proposed by Nani Kahuku 'Āina are appropriate - from a regional planning perspective. That question will be considered during the charrette, Nov. 16-21, from 10 a.m. to noon at at Nā'alehu Community Center where members of the public are invited to help plan the future of Ka'ū. Those with opinions on Nani Kahuku 'Āina can discuss the proposed development and make their comments at the charrette.

Nani Kahuku 'Āina's petition to amend the General Plan is expected to come before the county after it completes its EIS, which is scheduled for March or April. Once the petition is complete, the county Planning Director has 120 days to review it and either reject it or initiate the

amendment.

If the amendment is initiated, it would go before the Planning Commission, which has 60 days to hold a public hearing and 30 days after the hearing to submit its recommendations to the County Council. The Council then considers the proposal and holds its own public hearings after which it decides whether to accept the changes to the General Plan. Should a General Plan

Kahuku Villages, pg. 7

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NŪPEPA NĀ'ĀLEHU

Volume 7, Number 12

The Good News of Ka'ū, Hawai'i

October 2009

Summit Meeting, cont. from pg. 2

being sponsored by the county for each district on the Island. The CDPs fit under the county General Plan and provide district-specific guidance for planning decisions. More precise ordinances, such as zoning regulations, are then fine-tuned to fit the goals of the CDPs.

The September Summit

On Saturday, Sept. 12, more than 75 local folks showed up at Nā'ālehu Community Center for the first Summit. They saw maps and checked out project team research on the physical, economic, and cultural landscape of Ka'ū. It was staged as a kind of casual open house where people walked around freely to stations that each focused on a different topic, such as the ocean, forest and economic development. Attendees were invited to comment, make corrections, and offer more information to fill in gaps. Suggestions ranged from adding names of current large property owners to the land maps, to correcting a few street names and identifying places that residents see as important for continued public use.

"We got great advice from the community during the September Summit," said

Howard Blackson, project manager for the PlaceMakers consulting team, which has been hired by the county to help with the effort. "They helped us tweak some of our maps and suggested other places we might look for information such as locations of small businesses and traditional access routes to natural resources. We also heard a lot about the connections people have between place and culture. That affirms a lot of the research that has already taken place. And you can be sure it will be on our minds as we go into the next stages of planning."

Anyone interested in having a Steering Committee member or community volunteer active in the CDP process speak to their groups or answer questions from individuals can call any of the Steering Committee members: Donna-Marie Ambrose - 640-1754; Patti Barry - 937-3124; Bob DaMate - 497-0384; Ron Ebert - 928-0027; Leina'ala Enos - 929-9022; Michelle Galimba - 430-4927; Loren Heck - 939-9454; Eldridge Naboa - 936-2189; Marino Ramones 928-8240; Simon Torres, Jr. - 928-6103; John Cross - 987-4229.



The September Summit drew people from all corners of Ka'ū. The October Summit will be held Saturday, Oct. 17 from 10 a.m. to noon at Nā'ālehu Community Center. Residents are invited to share their knowledge of the district of Ka'ū to help with the creation of the Ka'ū Community Development Plan.

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DO IT YOURSELF OR HIRE A CONTRACTOR?

By Linda Caleo, REALTOR®, MBA, GRI, CRS, RECS, e-Pro, CIPS, CDPE, Principal Broker, Pacific Horizons Properties, Inc.

A recent survey by RemodelOrMove.com finds that nearly two-thirds of homeowners are handling at least some parts of remodeling jobs on their own to save money. But doing it yourself may not always be a wise choice in the long run. Correcting home improvement mistakes can be costly, and some contractors are unwilling to take on botched do-it-yourself projects.

Here are some factors to consider:

COSTS—Look at all the costs, including the cost of materials, time, and the tools you may need. If the job doesn't turn out right, can you afford to re-do the project or correct mistakes?

SKILLS—Do you have all the tools, and more importantly, the skills required to do the job?

KNOWLEDGE—Have you done this work before? Do you know all the steps involved? Are you familiar with local building codes and permit requirements? Hawaii requires that electrical and plumbing work be done by licensed professionals to meet code.

TIME—Do you have the time to devote to completing the project? Always double or triple the estimated time for a DIY project, unless you are highly skilled and are familiar with the project.

PERSONALITY—Do you enjoy physical work? Do you have reliable work habits? Are you persistent and patient to see a project through to the end?

MATERIALS—How will you obtain the materials you need?

SAFETY—Your health and safety come first. Don't attempt major projects that could put your wellbeing in jeopardy.

For additional information about buying or selling real estate, go to www.PacificHorizons.com, where you can search all the real estate listings on the Big Island, 24 hours a day, 7 days a week, in real time.

Discovery Harbour—Kaulua Street Fixer



The 3 Rs—REPLACE, REVITALIZE, RELAX! Here's a great fixer opportunity in Discovery Harbour. This home has 3 bedrooms and 2 bathrooms in the "main house", plus a guest house which is the 4th bedroom and 3rd full bath. Renovations have been started, with new oak laminate flooring and replacement bathroom and kitchen fixtures. Replace the kitchen cabinets and countertops, damaged sections of siding, and the original roof. Revitalize the unlandscaped yard and the interior and exterior with a new coat of paint. Relax in a restored home in a great location updated to your personal preferences. Additional information and photos at www.PacificHorizons.com.

Visit us at www.PacificHorizons.com, where you can search all the real estate listings for the entire Big Island, in real time, 24 hours a day!



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Ocean View to Hilo (M-Sa, a.m.)

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Hilo to Ocean View (M-Sa, p.m.)

Mooheau Bus Terminal 2:40p, St. Joseph's 2:45p, Aupuni Center 2:50p, UHH 2:55p, HCC 3p, Prince Kuhio Plaza 3:10p, Keaau P.O. 3:15p, Kurtistown 3:20p, Mountain View 3:30p, Volcano Village 3:45p, HVNP Visitor's Center 3:50p, Pahala 4:25p, Punaluu 4:35p, Naalehu 4:50p, Waiohinu 4:55p, Ocean View P.O. 5:15p

Volcano to Hilo (M-Sa, a.m.)

HVNP Visitor's Center 6:10a, Volcano Village 6:20a, Mountain View 6:35a, Kurtistown 6:45a, Keaau P.O. 6:50a, Prince Kuhio Plaza 7a, HCC 7:05a, UHH 7:10a, Aupuni Center 7:15a, Mooheau Bus Terminal 7:20a

Volcano to Hilo (M-Sa, p.m.)

HVNP Visitor's Center 5:50p, Volcano Village 5:55p, Mountain View 6:10p, Kurtistown 6:20p, Keaau P.O. 6:25p, Prince Kuhio Plaza 6:35p, HCC 6:40p, UHH 6:45p, Aupuni Center 6:50p, Mooheau Bus Terminal 6:55p

Hilo to Volcano (M-Sa, a.m.)

Mooheau Bus Terminal 5a, Aupuni Center 5:03a, UHH 5:05a, HCC 5:10a, Prince Kuhio Plaza 5:15a, Keaau P.O. 5:25a, Kurtistown 5:30a, Mountain View 5:40a, Volcano Village 6a, HVNP Visitor's Center 6:10a

Hilo to Volcano (M-Sa, p.m.)

Mooheau Bus Terminal 4:40p, Aupuni Center 4:45p, UHH 4:50p, HCC 4:55p, Prince Kuhio Plaza 5p, Keaau PO 5:10p, Kurtistown 5:15p, Mountain View 5:25p, Volcano Village 5:45p, HVNP Visitor's Center 5:50p

Pahala to S. Kohala Resorts (Daily, a.m.)

Pahala Shopping Center 3:30a, Naalehu 3:50a, Wong Yuen Store 3:55a, Ocean View P.O. 4:20a, Fujihara Store 5a, Yano Hall 5:05a, Kainaliu 5:20a, Kmart 5:30a, Kona Palisades 5:40a, Four Seasons 5:55a, Hilton Waikoloa 6:20a, Fairmont Orchid 6:35a, Mauna Lani Bay 6:40a, Mauna Kea Beach 6:55a

Pahala to S. Kohala Resorts (M-Sa, a.m.)

Pahala Shopping Center 8a, Naalehu School 8:20a, Wong Yuen Store 8:25a, Ocean View P.O. 8:50a, Fujihara Store 9:20a, Yano Hall 9:25a, Kainaliu 9:40a, Keaou Shopping Center 9:55, Alii Drive 10a, Kmart 10:10a, Kona Palisades 10:20a, Four Seasons 10:35a, Hilton Waikoloa 11a, Fairmont Orchid 11:15a, Mauna Lani Bay 11:20a, Mauna Kea Beach Hotel 11:30a

Pahala to Keahole Airport (M-Sa, a.m.)

Pahala Shopping Center 5:40a, Naalehu 6a, Wong Yuen Store 6:05a, Ocean View P.O. 6:30a, Fujihara Store 7:10a, Yano Hall 7:15a, Kainaliu 7:30a, Keaou Shopping Center 7:45a, Alii Drive 7:50a, Kmart 8a, Kona Palisades 8:10a, Keahole Airport 8:20a

S. Kohala Resorts to Pahala (Daily, p.m.)

Mauna Kea Beach 2:30p, Fairmont Orchid 2:45p, Mauna Lani Bay 2:50p, Hilton Waikoloa 3:05p, Four Seasons 3:30p, Kona Palisades 3:45p, Kmart 3:50p, Kainaliu 4:05p, Yano Hall 4:20p, Fujihara Store 4:25p, Ocean View P.O. 5:05p, Wong Yuen Store 5:30p, Naalehu 5:35p, Pahala 5:55p

S. Kohala Resorts to Pahala (M-Sa, a.m.)

Mauna Kea Beach 7:15a, Fairmont Orchid 7:30a, Mauna Lani Bay 7:35a, Hilton Waikoloa 7:50a, Four Seasons 8:15a, Keahole Airport 8:30a, Kona Palisades 8:40a, Kmart 8:50a, Alii Drive 9a, Keaou Shopping Center 9:10a, Kainaliu 9:25a, Yano Hall 9:40a, Fujihara Store 9:45a, Ocean View P.O. 10:25a, Wong Yuen Store 10:50a, Naalehu 10:55a, Pahala Shopping Center 11:15a

Keahole Airport to Pahala (M-Sa, p.m.)

Keahole Airport 4:50p, Kona Palisades 5p, Kmart 5:10p, Alii Drive 5:15p, Keaou Shopping Center 5:25p, Kainaliu 5:40p, Yano Hall 5:55p, Fujihara Store 6p, Ocean View P.O. 6:40p, Wong Yuen Store 7:05p, Naalehu 7:10p, Pahala Shopping Center 7:30p

For a complete schedule see: www.heleonbus.org

961-8744

County Budget Cuts, cont. from pg. 3

cutting as soon possible rather than wait for the start of the new fiscal year. County Finance Director Nancy Crawford asked county officials to examine every aspect of their operations and identify non-essential programs that have the least impact on the public. "This will be a time of working together," Crawford said.

Kenoi remained optimistic, stressing that while the county's economic difficulties are serious, they are not permanent. "We will once again have a growing, vibrant economy." He expressed confidence that his department heads and financial

Kahuku Villages, cont. from pg. 5

amendment establish the Kahuku Villages area as favorable for the resort and other development, the developers would approach the county again for the specific zoning designations and subdivisions. The developers would then go to the state Land

staff would lead the county through the economic downturn. He expects the recession to hit bottom soon but remain there before starting to climb again in 18 to 24 months.

"We are also working with our largest private employers -- the hospitality and construction industries -- to put our Hawai'i Island workers back on the job so they can support their families, keep their homes, minimize the impact of the downturn, contribute to the health of our economy and to a promising future for our island," said the mayor.

"We will be looking for help and co-

Use Commission, asking for changes in the state land use classifications.

The Ka'u Community Development Plan is scheduled to be completed in April, and could be adopted by fall. The CDP is being written to speak to future land uses throughout the district, including the greater Ocean View area. It is expected to provide critical guidance to the Planning Director, the Planning Commission, and the Council.

The narrative submitted by the developers for the Kahuku development describes their plans:

"The Kahuku Villages project will be clustered in two areas totaling approximately 26 percent of the 16,000-acre site. It will include walkable and pedestrian-friendly mixed-use mauka village along Mamalahoa Highway. The village is envisioned with a full range of

operation from throughout the community, and we greatly appreciate everyone's patience, understanding and cooperation as we work through these difficult times."

"We can do this because of the aloha and respect we all share for one another, and because we will work hard and work together, helping one another to get through this economic recession with a minimum of impact on the quality of life we enjoy so much in our county," Kenoi said. "At the end of the day, the better the job we do together, the better we work together, the better we serve the public."

community support services including a medical center, schools, VA facilities, fire station, police station, post office, a bank, restaurants, affordable homes, a light industrial area and retail/office space.

"At the coast, the project will include a low-profile visitor-oriented village consisting of sustainably designed hotels, eco-lodge and residential lots fronting a golf course. The facilities along the coast would be sustainably designed to blend into the landscape. The proposed project will include the necessary infrastructure including: intersection improvements along Mamalahoa to access the village, internal roadways, water system, drainage system, wastewater system with effluent reuse, and possibly a private energy utility system using alternative energy sources. The balance of the site will be left in open space in the form of a Hawaiian Heritage Center, archaeological preserve, agricultural and/or energy generation areas, parks, trails, lateral shoreline access and other open space. The Hawaiian Heritage Center will attempt to integrate cultural knowledge with scientific knowledge to manage the natural (e.g., hawksbill turtle habitat) and cultural resources, and provide educational opportunities."

According to the EIS Preparation Notice, required permits involved for the development would include from the federal government, the Federal Aviation Administration for the proposed airport.

From the state government, requirements would include a state Land Use Commission District Boundary Amendment; a Conservation District Use Permit; Air Permits for an energy farm (dependent on energy source); Waste Water Treatment Plant; National Pollutant Discharge Elimination System Individual Permit (point source); Desalination Plant (if there is a discharge); Approval for Waste Water Treatment Facility, Well Construction and Pump Installation; Safe Drinking Water approval for public water supply; Underground Injection Control; Public Utilities Commission approval for sale of potable water or energy; Perform Work within a State Right-of-Way.

From Hawai'i County, requirements would include a General Plan Amendment, Change of Zone, Special Management Area, Grading /Building and Subdivision Approval.

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SERVING THE KA'U AREA OVER 25 YEARS



Mexican Restaurant Opens at Ka'ū Outpost

by India Young

Evie Gonzales began selling tamales on a whim. After bringing 30 lbs of masa back from Arizona she found herself with a surplus of tamales and spontaneously decided to try and sell them by the highway. Her husband teased her at the time, but was happily surprised when she sold out in an hour and a half and had orders for more.

This was the start of Evie and Jimmy Gonzales's tamale business. They have expanded into a Mexican Restaurant, El Pachuco Tamales, now open inside the Ka'ū Outpost building on Hwy 11 in Ocean View. After living on the Big Island for 40 years, the Gonzales are looking back to their Los Angeles roots and creating a variety of dishes that represent authentic Mexican cuisine. Evie says she tries to have albondigas soup (meatball soup) daily and will slowly add in more specialized dishes like pazole, menudo, chicken mole, calabacitas, and pan dulce (Mexican sweetbread). She also said that with her



Jimmy and Evie Gonzales at their new El Pachuco Mexican restaurant at the Ka'ū Outpost in Ocean View. Photo by India Young

Mexican and Italian descent and Jimmy's Mexican and Austrian descent she would like to offer more fish and Mediterranean selections.

The kitchen is open Wednesday to Saturday, 11 a.m. to 6:30 p.m. and Sun-

day, 11a.m. to 2 p.m. Chile rellenos are served on Sundays. The menu includes homemade sauces and entrees with prices ranging from \$2.50 for a beef taco to \$12 for a chicken enchilada plate. For more information, call 939-7475.

May Day to Kick Off 2010 Ka'ū Coffee Festival

The second annual Ka'ū Coffee Festival will be held Saturday and Sunday, May 1 and 2, 2010 at Pāhala Community Center and at coffee farms above Pāhala

on Hawai'i Island.

The first festival day will include Ka'ū Coffee Tasting, a Ka'ū Coffee Recipe Contest, day-long entertainment, hula

and Ka'ū Coffee displays, demonstrations and offerings by local farmers. The second day will include farm tours and the Ka'ū Coffee College with educational seminars. The Ka'ū Coffee Festival also includes a Ka'ū Coffee Songwriting Contest and Ka'ū Coffee Art Show. Miss Ka'ū Coffee will reign over the event. Food will be available all day, May 1.

This festival is located in the small village of Pāhala, between Volcanoes National Park and Punalu'u Black Sand Beach on the southeast side of Hawai'i Island. The Pāhala Community Center is located on the corner of Kamani and Maile Streets near the Hwy. 11 entrance to the town.

Overnight accommodations are available for visitors. For more information, see www.kaucoffeefest.com.



Pearl Muraki and Robyn Bartz in the new Oven Treats location in Ocean View Town Center. Photo by India Young

Oven Treats Opens Retail Bakery

by India Young

Oven Treats Bakery has opened a retail store open in Ocean View Town Center where the former health food store was located. Owner Paulette Frerichs decided to expand her wholesale business and share her secret home recipes with the community after being told how good they were. The bakery is open 6 a.m.- 6 p.m. Monday – Friday and 7 a.m. – 2 p.m. on Saturday, offering a variety of products from cookies, cinnamon rolls, breads, apple turnovers, and wedding cakes (start at \$100) to spiced dips, salsas and meat rubs, and

hot food like breakfast burritos.

A local family runs the establishment. The baker is Rob Bartz, cook and manager is Pearl Muraki, and daughter Robyn Bartz cashiers. Pearl said her husband has been baking since he was little. They have worked all over the mainland and in Hawai'i for over 20 years in the baking business. The couple starts work at 4 a.m. "We specialize in baked products, cream pies pastries.... foods you don't see around here," said Pearl.

For more information, call 929-9432 or visit www.owntreats.com.

KA'Ū BUSINESS BRIEFS

New OV Well Could be Triple Size

The county Finance Department will be seeking an approval for an additional \$400,000 appropriation for the Ocean View well project. The funds would upsize the enclosed reservoir from 100,000 gallons to 300,000 gallons for storage and add one additional standpipe. "Because this project is in design plan approval stages at this time, the changes are possible and will be incorporated if the proposed addition to the project is appropriated by the Hawai'i County Council," said Dept. of Water Supply representative Kanani Aton Keliikoa. He anticipates that the request will be scheduled for Council action on Wednesday Oct. 7.

The Directory Deadline Oct. 7

The deadline for members and advertisers for the the Ka'ū Chamber of Commerce Directory, 2010 is Oct. 7. See www.kaucalear.com or call 928-6471 for an application to be sent via email or postal mail, or fax. The Directory represents Ka'ū and Volcano and is open to all businesses and non-profits who become Chamber members.

Sustainable Gardening at Chamber Meet

The October Ka'ū Chamber of Commerce meeting will feature Diana E. Duff, Master Gardener from Kona Outdoor Circle. The meeting will be held Tuesday, Oct. 6, noon, Ocean View Community Center. Box lunches for \$6.

Some Ag Inspection Jobs Restored

The Hawai'i Department of Agriculture will temporarily restore 22 of the 50 plant quarantine inspector positions slated to be eliminated as part of the state's effort to close a nearly \$900 million budget shortfall. The rescission of the 22 notices will allow core inspection services at all ports statewide; however, inspection capacity will still be significantly decreased from current levels. The number of positions in Hilo will be reduced from ten to six; Kona will be reduced from four to three.

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Hawai'i's Feathered Treasures, daily, 9 a.m. - 5 p.m. An exhibit of nature photography by Jack Jeffrey. Volcano Art Center Gallery in Hawai'i Volcanoes National Park. Free (Park entrance fees apply.) 967-7565.

Food Drive, first week of each month at Ka'u Federal Credit Union and ongoing at ChirOhana Wellness Center. The Loaves & Fishes Outreach Program of the Holy Rosary Sacred Heart Church sponsors this monthly food drive.

Purchase Hunting Licenses Online, Thu, Oct 1, 4 - 6 p.m., the Ka'u office of The Nature Conservancy, 95-5600 Mamalahoa Hwy, Suite F, Nā'ālehu. By appointment. To schedule, call 443-5409 or email kpostelli@tnc.org.

The National Parks: America's Best Idea, Thu/Fri, Oct 1/2, 6 - 8 p.m. at Kilauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. Ken Burns' film tells the story of the national parks through archival photos, first-person accounts, personal memories and stunning cinematography.

Ocean View Neighborhood Watch meeting, Thu, Oct 1, 7 p.m., Ocean View Community Center. 939-7033.

Planning and Collaboration Day, Fri, Oct 2. Ka'u High and Pāhala Elementary School closed.

Nature Photography Strolls, Fri, Oct 2, 9 a.m. and 10:15 a.m. Wildlife biologist and photographer Jack Jeffrey discusses the region's ecology and geology and offers photography tips during these one-hour-long, easily-navigable strolls along the rim of Kilauea caldera. Meet at Volcano Art Center Gallery next to Hawai'i Volcanoes National Park Visitor Center. First-come, first-served (no pre-registration). Free (Park entrance fees apply). 967-8222.

Papa Oli II: Hawaiian Chants, Sat, Oct 3, 10 a.m. - 3 p.m. This follow-up to the Papa Oli introductory workshop features four more distinct chants. Loke Kamanu shares about the background of each chant, lending insight to Hawai'i's rich oral tradition. For ages 16 and up. Lunch is potluck. \$62 includes chant CD (financial aid available). 967-8222 or www.volcanoartcenter.org.

Fire Prevention Week, Sun, Oct 4 - Sat, Oct 10. The Hawai'i Fire Dept. invites the public to meet firefighters, tour stations and get information about fire safety and fire prevention at local fire stations.

Ham Radio Operators Potluck Picnic, Sun, Oct 4, Manukā Park. All American Radio Emergency Service members, those interested in learning how to operate a ham radio and families are invited to attend. Dennis Smith, 989-3028.

Fall Intersession, Mon, Oct 5 - Fri, Oct 9. Ka'u public schools closed. Ka'u High and Pāhala Elementary School is offering extra classes for grades K - nine. 928-2088.

Ka'u Chamber of Commerce meeting, Tue, Oct 6, noon at Ocean View Community Center. 939-8449 or kauchamber.com.

After Dark in the Park: Not Just a Warrior: Kamehameha



Punalu'u was ravaged by brush fires this summer, and firefighters saved all the buildings. Arson is suspected. Photo by Nālani Parlin

Learn to Prevent Fires at Fire Station Open Houses

The Hawai'i Fire Department invites the public to open houses at the Volcano, Pāhala, Nā'ālehu and Ocean View fire stations to celebrate Fire Prevention Week from Oct. 4 to 10. Meet firefighters, tour stations, and receive information about fire safety and fire prevention.

This year's nationwide theme, *Stay Fire Smart! Don't Get Burned!*, focuses on burn awareness and prevention, as well as keeping homes safe from the leading causes of fires. Fire safety advocates will spread the word to their commu-

nities that, with a little extra caution, preventing the leading causes of home fires - cooking, heating, electrical and smoking materials - is within their power.

Participation in Fire Prevention Week highlights the Department's ongoing efforts to increase public awareness through fire safety education and fire prevention programs. The open houses will be at all 20 fire stations in Hawai'i County. For more information, call 961-8348.



Kauaha'ao Hosts Community Book Store

Once Upon a Story's Community Book Store, will be open every Wednesday in October from 10 a.m. to 3 p.m.. The store is located at the Kauaha'ao Congregational Church in Wai'ōhinu. Buy a bag for \$3 and fill it up with used books. New books will be for sale at a very special price. All proceeds will go to repair of the building and start up costs. The last fundraiser helped with paint and wire for the windows. "There is much to be done before officially opening," says Melody Raymond. "I would like to thank the volunteers for their time and those that have made donations." Those wishing to volunteer or make a donation can contact her at 938-0411.

the Great, Tue, Oct 6, 7 p.m. at Kilauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. David Kawika Eyre, who has authored numerous books and taught Hawaiian language for 20 years, sheds new light on people, places and events that influenced Kamehameha's development as a leader. \$1 supports park programs. Park entrance fees apply. 985-6011.

Friends of Naohulelua Garden Gathering, Thu, Oct 8 and 22, 8 - 10 a.m. (weather permitting). Educational classes, garden exchange, horticultural exercises and free breakfast at Hana Hou. Dennis, 929-7236.

Red Cross Volunteer meeting, Thu, Oct 8, 7 p.m., H.O.V.E. Road Maintenance Corp. office. For volunteers and those interested in becoming volunteers. Hannah Uribes, 929-9953.

"Big Day" Birding in the Park, Sat, Oct 10, 8:30 a.m. - 4 p.m. Nick Shema coordinates a special day of birding in Hawai'i Volcanoes National Park. \$20 per person or \$50 total for groups of four that sign up together. Sponsored by Hawai'i Volcanoes Institute, a program of Friends of Hawai'i Volcanoes National Park. 985-7373, admin@fhvnp.org or www.fhvnp.org.

Atlas Recycling at South Point U-Cart, Sat, Oct 10, 9 a.m. - 1 p.m.

Native Plant Propagation, Sat, Oct 10, 9:30 a.m. - 3:30 p.m. Tim Tunison teaches how to propagate and place many native plants found throughout the island. Half of the day is devoted to viewing examples of various residential parcels. \$65 includes an illustrated take-home CD and informative printed hand-out (financial aid available). 967-8222 or www.volcanoartcenter.org.

Final 2009 Na Mea Hawai'i Hula Kahiko Performance, Sat, Oct 10, 10:30 - 11:30 a.m. This hula and chant performance, outdoors on the hula platform overlooking Kilauea Crater in Hawai'i Volcanoes National Park, features Hālau Palaihiwa O Kaipuwai under the direction of kumu hula Kehaulani Kekua. Hawaiian cultural demonstrations at Volcano Art Center Gallery 9:30 a.m. - 2 p.m. Free (Park entrance fees apply). 967-8222.

HOVERMC Annual Meeting, Sat, Oct 10, 10 a.m. at Ocean View Community Center. The budget, plan and directors for next year will be finalized. www.hovermc.com.

Planning and Collaboration Day, Monday, Oct 12. Nā'ālehu School closed.

Ka'u Coffee Festival meeting, Mon, Oct 12, 6 p.m., Pāhala Community Center. Residents are invited to join in and plan the

second annual festival to be held Sat and Sun, May 1 and 2.

Ka'u CDP Steering Committee Meeting, Tue, Oct 13, 5:30 - 8 p.m., Nā'ālehu Community Center. Public welcome. Ron, 961-8137 or rwhitmore@co.hawaii.hi.us.

After Dark in the Park: Going to Gombe National Park in Tanzania, Tue, Oct 13, 7 p.m. at Kilauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. Landscape architect Lisa Duwall, who recently toured this region with the U.S. Dept of the Interior Int'l Technical Assistance Program, discusses Lake Tanganyika, coffee farms, waterfalls, hiking trails to remote villages and the Kasakela chimpanzees studied by Janae Goodall. \$1 supports park programs. Park entrance fees apply. 985-6011.

HOVE Road Maintenance board or directors meeting, Wed, Oct 14, 4 p.m., St. Jude's Church. 929-9910.

Teacher Institute Day, Fri, Oct 16. Ka'u public schools closed.

Kick Ice sign waving, Fri, Oct 16, 2:30 - 4:30 p.m. in front of Nā'ālehu School gym.

Ocean View Community Association Pancake Breakfast, Sat, Oct 17, 7:30 - 11 a.m., Ocean View Community Center. 929-7033.

Kahuku Photo Expedition, Sat, Oct 17, 8:30 a.m. - 8 p.m., explores outdoor photography techniques and on-location shooting at the Kahuku section of Hawai'i Volcanoes National Park. Includes dinner and an evening program with Jim Gale, Chief of Interpretation. An overnight camping option is available. \$65 for Saturday only includes snacks and dinner; \$80 for Saturday and Sunday includes snacks, dinner, and breakfast. Sponsored by Hawai'i Volcanoes Institute, a program of Friends of Hawai'i Volcanoes National Park. 985-7373, admin@fhvnp.org or www.fhvnp.org.

Basic Grant Writing Workshop, Sat, Oct 17, 9 a.m. - 3 p.m. at Pāhala Community Center. \$45 plus \$5 materials fee. 775-8890.

Recycling at Nā'ālehu School, Sat, Oct 17, 9 a.m. - 1 p.m., Nā'ālehu School Gym. Redeem your HI-5 sorted by type; receive 5 cents per container and additional 20 cents per pound on all aluminum. Atlas Recycling donates 20 cents per pound on all aluminum redeemed to the school. 939-2413, ext. 230.

Ka'u CDP Community Summit, Sat, Oct 17, 10 a.m. The public is invited to see work-in-progress displays, to engage in deeper conversation with Project Team members and to add comments and suggestions. Ron, 961-8137 or rwhitmore@calendar.pg.10

Freaky Friday Open House in OV

Ocean View Hair Salon and Christie's Nails will be pumping the Halloween vibe with a Freaky Friday party on Friday, Oct. 23 from 3 to 7 p.m. The salon invites everyone to enjoy free drinks and pupu. Regular salon services will be available. Guests can get their nails done, hair cut, or just sit, chat and enjoy some scary tunes.

"We are thinking of a crazy spooky looking drink and maybe frog eyeball salad," said owner Christie Gibson, who has been spinning her creative juices to come up with a theme party every fourth Friday of the month.

Last month, the salon kicked off the series with a Fiesta Friday with Latin music, free margaritas, salsa and chips.

The salon is also offering 10 percent off coupons for those who attend the party, while supplies last.

Ocean View Hair Salon and Christie's Nails is located in the Ocean View Town Center. Call 929-7411 to book an appointment for services during the party.

Niaulani Forest Work Day, Sun, Oct 18, 9 a.m. – noon. Enjoy the open air while volunteering to help preserve the beauty and diversity of the native, old growth rainforest at Volcano Art Center's Niaulani Campus in Volcano Village (corner of Kalanikoa and Old Volcano Roads). Free. 967-8222 or volcanoartcenter.org.

Guest Speaker at River of Life Assembly of God, Sunday, Oct 18, 10 a.m. in Pāhala. Senior Pastor Alo Valoaga Light House Outreach Center of Hilo. 929-7278.

After Dark in the Park: Earthshaking Events at Kilauea's Summit, Tue, Oct 20, 7 p.m. at Kilauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. HVO seismologist Dave Wilson, who is studying new data recorded during seismic events at Halema'uma'u Crater, discusses how the earth has moved. \$1 supports park programs. Park entrance fees apply. 985-6011.

Ka'ū Community Partnership meeting, Thu, Oct 22, 12:30 p.m., Nā'ālehu Clubhouse. Open to community. Share information on events, activities, projects, concerns and find an avenue of support. Teresa, 929-9611 ext. 10.

Ocean View Community Development Corp. meeting, Thu, Oct 22, 5:30 p.m., Ocean View Community Center. 939-7033.

Freaky Friday, Oct 23, 3 – 7 p.m. at Ocean View Hair Salon. Free drinks, pupus, coupons for salon services while supplies last. Christie, 929-7411.

13th Annual Miloli'i Keiki Fishing Tournament, Sat, Oct 24, 8 a.m. at the pavilion. A limited supply of bamboo poles and bait is available, so participants should bring their own if possible. Sponsored by Shirley and Lori Casuga and 'O Ka'ū Kākou. Wayne Kawachi, 937-4773.

Hiking Napau Trail, Sat, Oct 24, 8 a.m. - 4 p.m. Hawai'i Volcanoes National Park Ranger Adrian Boone leads this rigorous 12-mile interpretive hike on the Napau and Naulu trails. \$30 (\$10 for up to five full-time students with ID). Sponsored by Hawai'i Volcanoes Institute, a program of Friends of Hawai'i Volcanoes National Park. 985-7373, admin@fhvnp.org or www.fhvnp.org.

Writing Family History & Personal Memoir, Sat, Oct 24, 9 a.m. - 5 p.m. Tom Peek presents tools to launch personal or family stories. All levels welcome; no previous writing experience necessary. \$65 (financial aid available). 967-8222 or www.volcanoartcenter.org.

Makahiki ma ka Ma'ukele, Sat, Oct 24. Opening ceremony at Cooper Center on Wright Road in Volcano Village at 10 a.m. Workshops, demonstrations, displays and Makahiki games. Lu'au, ho'olauna and concert in the evening at Kilauea Military Camp. 968-6696 or www.volcanocommunity.org.

Ocean View Food Basket, Tue, Oct 27, 10 - 11:30 a.m. for previously registered, 11:30 a.m. – noon for new registrants and those picking up for registered friends and the homebound, at St. Jude's Episcopal Church. To register, call 939-7000 9 a.m. – noon Mon – Fri.

County Ag Development Plan Meeting, Tue Oct 27, 6 – 8 p.m., Pāhala Community Center. Residents are invited to provide suggestions and comments before the plan is finalized. 887-6411.

Planning and Collaboration Day, Friday, Oct 30. Nā'ālehu School closed.

AARP Driver Safety Training, Fri, Oct 30. This four-hour class is open to everyone. No driving, no tests, no exams. \$12 current members, \$14 non-members. Mike Last, 929-8422.

KMC Halloween and Costume Party, Fri, Oct 30 at Kilauea Military Camp's Lava Lounge in Hawai'i Volcanoes National Park. Open to KMC authorized patrons and their guests. Park fees may apply. 967-8354.

Fireside Stories, Fri, Oct 30, 7 p.m. Kazu Okamoto presents *A Photo History of Volcano Village in the 1920s and 1930s* around the eternal fire of Pele in Hawai'i Volcanoes National Park's Volcano House lobby. Free (Park entrance fees apply). 967-8222.

Trunk or Treat, Saturday, Oct 31, 4 p.m. at Kahuku Park in Ocean View. Goodies, costume contest, pumpkin carving, dancing. Genny Galletes, 937-3335.

Exercise and Meditation

Pāhala Pool Schedule: 928-8177 or www.hawaii-county.com/parks/aquatics.

Exercise For You: Fitness Classes, Ocean View Community Center. Mon, 8:30 – 9:30 a.m., Interval Workout with weights, balls and Pilates. Thu, 5 – 6 p.m. Low-impact dance aerobics. Certified instructor Erin Cole, 640-8473.

Pilates Matwork, Mondays through Oct. 26, Beg: 5:15 - 6:15 p.m.; Inter: 6:30 - 7:30 p.m. UH-Hilo Dance Division head Celeste Anderson Staton focuses on building core strength of the central body while lengthening muscle and instilling a sense of well being. \$63 (financial aid available). Volcano Art Center's Niaulani Campus in Volcano Village. 967-8222 or www.volcanoartcenter.org.



Participants in *Digital Mountain '09: It's My Park* are, from left, Maria Miranda and Jasper Gillespie, of Ka'ū Kids Video Club; Ulu Makuakane, of Kamehameha School; Malina Fagan, of Hilo High School; Karina Wohlschlagel, a home school student from Mountain View; Roland Torres, of Kama'aina Backroads and the Pacific Media & Learning Trust; Devan Delaney, of Nā'ālehu Intermediate School; Kukui Keli'ihō'omalū, of Pāhoā High School; Forrest Gale, of Waiākea High School; and Kūpono McDaniel, of Hawai'i Volcanoes National Park. Not pictured are Kara Dunn, of Pāhoā High School; Taylor Ignacio, of Waiākea High School; and Katelyn Mitchell, of Ka'ū High School.

Ka'ū Youth Produce Winning Videos for *Digital Mountain*

Ka'ū was well represented in the first annual *Digital Mountain: It's My Park*, a program that engages, inspires and equips youth with digital media skills while strengthening their ties to Hawai'i Volcanoes National Park. Students from Ka'ū produced four of the ten videos entered into the contest.

Ulu Makuakane, of Nā'ālehu, won the grand prize in the Grade 10 – 12 category with her film, *Eia Ko'u Paka: It's My Park*. Devan Delaney, of Ocean View, won first place in the eighth-grade category with *The Volcano National Park*. Maria Miranda and



Ulu Makuakane, of Nā'ālehu, accepts prizes she won for *Eia Ko'u Paka: Its My Park*, her entry in *Digital Mountain '09: It's My Park*.

Free Fitness Training, Mon/Wed, 5 – 7 p.m., Ka'ū High weight room. Hettie Rush, 929-8572.

Iyengar Yoga, Mon/Wed/Fri, 10 – 11:30 a.m.; Sat, 5 – 6:30 p.m., Ocean View Community Center. \$8/class or four classes for \$25. Stephanie, 937-7940.

Beginner Tennis, Mon - Fri, 3:30 - 5:30 p.m., Nā'ālehu Community Center. Richard, 939-2510.

Balls and Pilates, Tue (begins Oct 13), 3:30 p.m., Old Pāhala Clubhouse. Erin, 640-8473.

Karate Classes, Tue, 6 – 7 p.m., Ocean View Community Center. Instructor Peter Luebke offers free classes for all ages. 939-7033.

Beginning and Intermediate Yoga, Tue/Thu, 8:30 – 10 a.m., Noa's Island Massage in Nā'ālehu. Please come 10 min. early. \$10 a class or \$80 for 10 classes. Noa Caiserman, 756-3183.

Yoga for Everyone, Wed, 10 – 11:30 a.m., Cooper Center, Volcano. Yes, you can do yoga, no matter your age or flexibility. \$10 per class or \$42 for 6-week session. Debra Serrao, 985-

Jasper Gillespie, of the Ka'ū Kids Video Club, came in third place in the 12th-grade category with *The Lava Tube Travelers*.

Forrest Gale, of Volcano, won first place in the 11th-grade category with *A Biking Vision: Where Rubber Meets the Trail*. Katelyn Mitchell, of Ocean View, won second place in the 12th-grade category for *Children In Hawai'i Volcano National Park: Why It Is a Great Experience for Children*.

DM•IX was sponsored by the Friends of Hawai'i Volcanoes National Park; Hawai'i Natural History Association; Ka'ū Rural Health Commu-

nity Association; Pacific Media Trust and Learning; Friends for the Future; National Park Foundation; Evelyn and Walter Haas, Jr. Fund; Lyman Museum; Pacific Tsunami Museum; KapohoKine Adventures; Hawai'i Forest and Trail and Hawaiian Walkways. The videos can be viewed at www.digitalmountain-hawaii.com.



Devan Delaney, of Ocean View, accepts prizes she won for *The Volcano National Park*, her entry in *Digital Mountain '09: It's My Park*.

***Ukulele Classes for children**, Mon, 3:30 p.m., Ocean View Community Center. 939-7033.

Weight Watchers meeting, Mon, 6 p.m., Ocean View Community Center. Join at any time. 1-800-651-6000.

Ocean View Nutrition Site and Senior Club hosts activities at St. Jude's Church on Mon/Wed/Fri from 8:30 a.m. and provides lunches 11 a.m. – 12:30 p.m. for seniors 60+. Donations requested. On Thu, the program takes seniors to Kailua-Kona for doctor appointments, grocery shopping and to pick up prescriptions. Program is closed on Tue. Dick Hershberger, 989-4140.

Nā'ālehu Community Computer Lab, Mon – Thu, 3 – 7 p.m., Nā'ālehu Community Center. Free use and Internet access. 939-9392.

Ocean View Community Center computer lab, Mon – Thu, 8 a.m. – noon. Members \$2/hour, non-members, \$4/hr. 939-7033 for information on computer classes.

Table Games, Mon – Thu, 3 – 7 p.m., Fri 12:30 – 4:30 p.m.,

Calendar, pg. 15

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KA'Ū TROJAN SPORTS

Volume 7, Number 2

News of Ka'ū School & Community Sporting Events

October 2009

Shirakawas Win 1st and 2nd in Kaua'i Motocross

Sibling racing duo Tyler and Noah Shirakawa burned up the Wailua track during the Kaua'i Motocross Racing Association's Labor Day race. Noah, an eighth-grader,

brought home two first place trophies, winning both the 80-85cc Advance Class and the 80-85cc Flat Track race. Tyler placed second racing in the 125cc Amateur Class.

Ka'ū Volleyball Vies for Second in Div. II

The Ka'ū High girls volleyball team is sitting pretty in second place among East Hawai'i Div. II teams. The Trojans earned three wins, beating Div. I Kea'au (25-

11, 25-11, 21-25, 25-9), St. Joseph's (25-17, 25-16, 26-24) and Pāhoa (21-13, 21-18, 25-23). At press time, the team had just served up a fourth victory against Christian Liberty Academy (25-19, 25-17, 25-18). So far, the team has suffered three losses to Hilo, Kamehameha and Waiakea.

The Hilo Vikings are East Hawai'i's Div. II leaders with a 5-1 record. Honoka'a ranks first for Div. II in West Hawai'i.

To maximize the funds of shrinking athletic department budgets, the Big Island Interscholastic Federation split the league into East and West divisions. Teams play schools in their division during the season and will compete in all-league play during the BIIF championships.



Tyler Shirakawa, left, and Noah Shirakawa, right, with their trainer AJ Sjostrom, of California.



Ashley Oliveira prepares to spike.

Photo courtesy of Taylor Built Construction Co., Inc.

OV Boys & Girls Club Offers Boxing Lessons

Sixteen kids, ages 7-14, are getting fit through weekly boxing lessons at Kahuku Park. A popular program of the Ocean View Boys and Girls Club, what started as a one-time workshop has turned into a team gearing up for competition.

The team is registering with the USA Boxing Association, and when coaches feel boxers are prepared, individuals will compete in Pāhoa's Yeshua Outreach Center boxing league.

Boxers practice three times a week, participating in calisthenics, jump roping, shadow boxing and learning basic combos. Parents are also getting involved, showing up to work out with their children, said Coach Norman Santiago, who started boxing when he was nine years old. Coach Justin Mason also started as a youth boxer, even entering the amateur boxing Toughman Competition in 2002.

Coaches stress discipline, respect and sportsmanship. Members are strictly disciplined if they disrespect others, especially using their boxing skills, said Santiago. "They learn how to work together and trust one another with their life."

Although the team has received equipment donations from Santiago and Bill Burke, they are still in need of

uniforms, boxing gloves and safety equipment like head protective gear, mouthguards and athletic cups.

Girls coach Lehua Galletes said, "This is a great group of kids who are very eager to learn."

Santiago is enjoying coaching so much he thinks of

Edwards Runs to Second Place in Long Distance Race

Jacob Edwards, a Ka'ū High senior and track and field star, is now running for the Trojan Cross-Country team. Edwards proved he can also go the distance, placing second in the boys three-mile open race held at the Kamehameha-Kea'au campus on Sept. 12. He finished the course in 19 minutes and 56 seconds.

Teammates Mathew Bowers, Patrick Garcia and Ben Houghton also represented Ka'ū in the race.

The Trojan boys team debuted in seventh place out of fourteen teams at the first season meet held on Sept. 5 at Waiakea. Participants were Edwards, Bowers, Houghton, Garcia and Dakota Walker.

At the same meet Mariah Chingee and Brittane Moorehead ran for the Trojans girls team.



Ka'ū High Cross-Country Team - Front Row: Coach Angie Miyashiro, Dakota Walker grade 11, Ben Houghton 9, Bryant Melepe 12; Middle: Mariah Chingee 9, Jacob Edwards 12, Mathew Bowers 10; Back: Charles Watson 12, Brittane Morehead 11, Patrick Garcia 10 and Berehan Aneteneh 10. Missing: Brian Simmons 9 and Coach Bob Martin.

Photo by Nālani Parlin

how to improve the program "all day, every day. It is like I am reliving my childhood," he said.



Front Row: Jayme Kaneshiro, Tiana Ault; Middle: Jesse Quin, Chayla Ault, Sergio DeLaney, Ka'iminani Rapoza, Kai-kea Ka-ne, Keone Bristow, Kanani Petrill, Kaala Petrill; Back: Coach Justin Mason, Randall Watson, Makena Quin, Robert Sharky, Coach Lehua Galletes, Kaunoe Petrill, Kayana Ka-Ne Broadfoot, Staysha Ault and Coach Norman Santiago Jr.

Photo by Nikki's Creations

Ka'ū Community Sports &

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Football

- Sat, Oct. 10, Ka'ū vs. Kamehameha, 7 p.m.
- Sat, Oct. 17, Ka'ū @ HPA, 2 p.m.
- Fri, Oct. 23, Ka'ū vs. Konawaena, 7 p.m.
- Sat, Oct. 31, Ka'ū @ Kohala, 5 p.m.

Girls Volleyball

- Sat, Oct. 3, Ka'ū @ Waiakea, 6 p.m.
- Wed, Oct. 9, Ka'ū vs. Hilo, 6 p.m.
- Sat, Oct. 10, Ka'ū @ St. Joseph's, 10 a.m.
- Tue, Oct. 13, Ka'ū vs. Pāhoa, 6 p.m.
- Thurs, Oct. 15, Ka'ū @ Christian Liberty Academy, 6 p.m.
- Tue, Oct. 20, Play-offs for Ties
- Wed, Oct. 21, BIIF Div. II Quarterfinals Play-off
- Fri, Oct. 23, BIIF Tournament
- Sat, Oct. 24, BIIF Finals
- Wed-Sat, Oct. 28-31, HHSAA Tournament on O'ahu

Riflery

- Sat, Oct. 3, Ka'ū @ Kamehameha, 2 p.m.
- Sat, Oct. 17, BIIF @ Kealakehe

Cross-Country

- Sat, Oct. 3, Ka'ū @ HPA, 10 a.m.
- Sat, Oct. 10, Ka'ū @ Kamehameha, 3:30 p.m.
- Wed, Oct. 28, BIIF @ Kamehameha, 2 p.m.
- Sat, Oct. 26, Ka'ū @ Waiakea, 10 a.m.

Bowling

- Sat, Oct. 10, BIIF Team Championships @ Hilo Lanes
- Sat, Oct. 24, BIIF Individuals
- Fri, Nov. 13, HHSAA

13th Annual Miloli'i Keiki Fishing Touney

Kids 14 and under are invited to participate in the 13th Annual Miloli'i Keiki Fishing Tournament on Sat, Oct 24. Registration starts at 8 a.m. under the pavilion. Tourney starts at 9 a.m. A limited supply of bamboo poles and bait is available, so participants should bring their own if possible. Prizes will be awarded, and there will be other fun games to play. The event is sponsored by Shirley and Lori Casuga and 'O Ka'ū Kākou. For more information, call Wayne Kawachi at 937-4773.

Koi Tops Trojan Riflery Team

Rochelle Koi remains the top shooter on the Ka'ū High riflery team, averaging a 205.5 score after three season meets. Teammate April Cariaga shot in one meet earning the team's second highest score of 185. After participating in three meets, Mia Gangwes rounds out third with a 134.5 average.

Natividad Bowls Highest Avg. for Ka'ū

Newcomer Jordan Natividad has earned the highest average of the Ka'ū High boys and girls bowling squads at 116. For most of the season courageous Natividad bowled as the sole member of the boys team until the recent addition of sophomore James Tyson. The second top bowler of the squad is Tommie Jean George, who Coach Hi'ilani Laperera said was "a natural at releasing the ball."

Laperera recognized Elizabeth Lorenzo as the team's most valuable person. "She knows how to make everyone feel like a part of the team and feel comfortable," she said.

Novice Swimming Results in Win

Fifth-grader Kameron Moses swam to victory three times at the novice swim team competition held at the Pāhala Pool on Aug. 29. Moses competed in the 50 Free, 25 Fly and the 100 I.M. Avery Enriques also won the 50 Breast for the same age group. Second-grader Weston Davis captured first in the 25 Back.

At the following meet on Sept. 12 at Konawaena Pool, Kaelynne Manoha placed first in the 100 Free and was the sole competitor in the 100 Back among 13- to 14-year-olds. Fifth-grader Tristan Davis also beat the competition in the 50 Back, while brother Weston took first in the 25 Fly. Moses remained the champ of the 50 Free and 25 Fly races.

See www.kaucalendar.com for the entire list of meet results.



Ka'ū High Bowling Team - Front (l-r): Shanice Oleyte, Kiri Natividad and Elissa Mitchell. Missing: Tommie Jean George. Mahalo to Ka'ū High Yearbook Sports Editor Ashley Olive.

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Events Calendar

Ka'ū High Varsity Volleyball Team - Front Row (l-r): Amery Silva, Jacy Matos, Joyce Ibasan, Sanisha Llanes, Kaila Olsen, Amber Pocock; **Back:** Head Coach Elijah Navarro, manager Lehre Vidal, Brooke Mederios-Shibuya, Ashley Oliveira, Jadelynn Domondon, Develyn Sudaria, Janessa Jara, Kayla Nishimura, Jaeneise Cuison, Coach Cristen Navarro, manager Donald Garo and Coach John-Charls Saladino. **Missing:** Coach Donna Shibuya. *Photo courtesy of Taylor Built Construction Co., Inc.*



Ka'ū High Varsity Football Team - Front Row (l-r): Dustin Kuahiwinui, Ernest Breithaupt-Louis, Curtis Higashi, Jeremiah Benevides, Steven Combes, Michael Borst, Timothy Rence, Evan Vanterpool, Patck Liftee, Mark Cuison; **Back:** Koa Makuakane, Ikaika Sauer, Michael Alcoran, Daven Takaki-Garcia, Mark Rita, Ikaika Kaopua, Callen Koi, Alika Kaopua, Robert McClure, Charles Watson, Kasey Camba, James Dacalio and Isaac Davis. *Photo by Carla Andrade*

Ka'ū Football Makes T.D. on Kamehameha Turf

Using their new experimental offense, the Ka'ū High Football team scored a touch down against the Kamehameha Warriors on their home turf. The Trojans took eight minutes off the clock with a nice drive towards the Warrior end zone. Michael Alcoran scored on a three-yard plunge.

At press time, the team, which has not earned a win since the 90's, hoped to defeat Kohala at the end of September with just 20 players, said Coach Greg Rush. "We've aimed at this game all season. The key is to play under control."

The Trojans are running a version of the A-11 offense, which they have affectionately termed The Wild Thing. "We are having a lot of fun with and getting better at it," said Rush, who noted that only eleven high schools in the nation run this type of offense. Rush came up with the strategy while coach-



Amberly Wright, Elizabeth Lorenzo, Jordan Large, James Tyson and Coach Hi'ilani Lapera. *Photo for all of the team picture IDs!*

ing special teams at Konawaena. Trademarks of the offense are that two players may receive the snap, and the tackles are split until the half marks.

Notable work on the field includes Trojan Michael Borst's nine receptions after just three games and Noah Liftee, playing tackle position, with three carries for 34 yards in tackle around. Rush noted that the tackle carrying the ball is highly unusual, but the offense allows for it.

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Kokubun Wins Jungle Express with 183-lb Sow

Devin Kokubun and team hauled in a 183-lb sow to take Heaviest Overall at the 10th Annual Jungle Express Hunting Tournament held in September at Honu'apo.

Thirty-nine teams competed in the event with hundreds of community members, friends and family showing up to watch the weigh-in and awards ceremony.

Donald Mello and team captured two boars, sweeping first and second place in the Heaviest Boar category, weighing 173 lbs and 157.5 lbs, respectively. Third place went to Lucas Pua's 147.5 lb pig. Rodney Takaki came in fifth (130 lbs), and Rodney Kuahiwinui was in sixth (127 lbs).

Kuahiwinui's team also captured a 157-lb pig which took first for Heaviest Sow, and a 86.5-lb pig that won sixth. Donald Garo's two sows took both second (127.5 lbs) and third place (125.5 lbs). Kekoa's second catch won fourth heaviest, weighing in at 117 lbs. Fifth place went to Donovan Mattos (94.5 lbs).

Ellsworth Louis and gang's 8-inch tusked pig bore the longest tusks by far. Kawika Torres' catch had the second longest tusks at 5-3/4", and Pua's boar was close behind with tusks measuring 5-1/4". Fourth went to Sabino Makuakane, and in fifth was Ty Chun, both with 5" tusks. Bull Kailiawa won sixth (4-3/4"). First-place winners took home the jackpot and trophies. Over \$2000 in prizes were distributed among the other winning entrants. All hunters who brought in a pig were entered in a raffle to win a GPS donated by The Nature Conservancy. Brada Kekoa was the lucky winner.

In the first inaugural Smoked Meat competition, Stephanie Kawaahau emerged victorious with the most on-tasting smoked meat recipe out of ten entries. Donald Mello placed second, Emma Kuahiwinui won third and Bull Kailiawa took fourth. Winners received a gift certificate to Wong Yuen store and a bucket of laundry detergent. Mary Jane Pedro, Napoleon Kailiawa, David Kuahiwinui and event Emcee Kurt Dela Cruz lent their taste buds to a blind judging of the contest. Organizer Kalani DeCoito said he hoped to replicate the recipe contest next year.

Throughout the day, spectators and hunters alike could enter a lucky number drawing by buying a pork plate from the concession. Tons of prizes from thermoses, safety glasses, T-shirts to duck tape were given away.

While waiting for hunters to return, the crowd enjoyed music from Joey Anderson and his band from Kohala, who volunteered their talents for the day's events.

DeCoito and fellow lead organizer



Devin Kokubun and his team won Heaviest Overall after hauling in a 183-lb sow.

See more hunting photos at www.kaucalear.com.

Photos by Carla Andrade



Brada Kekoa and team weighed in three pigs.



Donald Mello and team won 1st and 2nd heaviest boars.



Bull Kailiawa, Emma Kuahiwinui, Donald Mello and Stephanie Kawaahau were the top smoked meat recipe contest winners.



The Jungle Express crew celebrates ten years of hunting competitions.



A young hunter shows off his kill.



Clockwise from far left: Jr. Kaupu and Donald Garo; Ellsworth Louis and gang; Sabino Makuakane and team; Rodney Kuahiwinui; Rodney Takaki and team; Lucas Pua and crew; and a group of young hunters.



Ray Paglinawan thanked the following for their donations to the event: Bill and Ella Derasin, of B&E 76 gas station; Sandy and Jeff Hara, of J. Hara Store; Shane and the employees of Na'alehu ACE Hardware; David and Pearl Kuahiwinui; Wayne Kawachi; Gary Dela Santos, Sr.; Creative Arts Hawai'i; Scott Stabo, of Stabo Construction; Kurt "Swingy" Dela

Cruz; Mary Jane Pedro; John Replogle and The Nature Conservancy gang; Dennis Riordan and the Parks and Recreation crew; Lisa and Kevin Rence; and Roy Kamagaki, of Wong Yuen Store.

In addition to DeCoito and Paglinawan, several people donated a lot of time to make the event successful. These included Naida Paglinawan, Sharlete De-

Coito, Gwen Udac, Carla Andrade, Freda Santiago and many family members. "Our hats go off to our family and the man above," said DeCoito. "Without him we would not have the power and energy to do any of this."

He said any proceeds from the event would go back to putting on next year's tournament.

The Ka'u Calendar

Nā'ālehu Community Center. Richard, 939-2510.

Afternoon Sports and Games, Mon – Thu, 2:30 – 3:30 p.m. for ages 7 – 13 at Kahuku Park. Wesley, 929-9113.

Nā'ālehu Senior Nutrition Center (Hawai'i County Nutrition Program), Lunch served Mon – Fri, 10:45 a.m. for

residents aged 60+, greater Nā'ālehu area. 939-2505.

Pāhala Senior Center: Lunch served Mon – Fri, 10:30 a.m. for residents aged 60+. Julie, 928-3101.

Beginners' Computer Class, 9:30 – 10:30 a.m., Ka'ū Family Center in Nā'ālehu. Teresa, 929-9611 ext. 10.



Hula dancers from Hālau Kahikilaulani wow the audience with their energetic and spirited hula. The Makahiki concert will be held at the KMC theater this year Saturday, Oct. 24 at 10 a.m. Photo by Jilda Loomis

Mahahiki Concert & Hula in Volcano Oct. 24

The Volcano Community Association hosts Makahiki ma ka Ma'ukele, a cultural festival in the rain forest, on Saturday, Oct. 24 in Volcano. Events begin at 10 a.m. with a traditional opening ceremony at Carlson Court. Daytime activities include an exposition of traditional and modern technologies -- He Lani ko Luna, He Honua ko Lalo -- with 14 learning centers in the Carlson Court on the Cooper Center Campus.

There will be Na Lei o Hawai'i activities in the Cooper Center Building with a lei contest, lei exhibition, and two lei workshop sessions. Master lei makers will be demonstrating three different styles of leis.

E Pa'ani Kakou at Keakealani Outdoor Education Center hosts traditional makahiki games to learn and play such as ulu maika, moa pahe'e, and konane.

All evening events take place at

Kīlauea Military Camp. A traditional lu'au meal takes place at Crater Rim Café. Local entertainers highlight the Ho'olauna social hour and silent auction in the 'Ohi'a room from 4:30 - 6:30 p.m. The Makahiki Concert at 7 p.m. in KMC Theater features Hawaiian music by Cyril Pahinui and Bolo and hula by Hālau Ke 'Olu Makani o Mauna Loa under the direction of Kumu Hula Meleana Manuel. Tickets for the lu'au are \$20, tickets for the concert are \$25, or packages including both events are \$40. Park entrance fee for the evening will be waived with display of lu'au or concert tickets.

For more information on events, tickets and workshops, visit the Volcano Community Association's website at www.volcanocommunity.org or the VCA table at the Farmers' Markets at Cooper Center in Volcano each Sunday from 7 to 9 a.m.

Tūtū and Me Traveling Preschool, free classes Tue/Thu, 8:30 - 10:30 a.m., Ocean View Community Center; Mon/Wed, Discovery Harbour Community Center. Limited to 50 participants in each area. 929-8571.

Volcano Winery Tours, Tue/Thu/Sat, 9:30 – 10 a.m. These tours of the vineyard and tea field are free and open to all ages. Longer tours available for \$25 or \$45 per person. 35 Pi'i Mauna Dr., Volcano. 967-7772 or volcanowinery.com.

Ka'ū Community Chorus Rehearsals, Tue, 7 – 8:30 p.m. at Nā'ālehu United Methodist Church. This year's theme is *Another New Christmas*. Robert, 929-7544.

Free 'Ukulele, Slack Key and Steel Guitar classes, Wed, 12:30 – 4:30 p.m., Nā'ālehu School gym; Fri, 1 – 5 p.m., Pāhala Boys and Girls Club. Keoki Kahumoku. 935-0463.

Game Night, Wed, 6:30 p.m., Discovery Harbour Community Center. Lucy Walker, 929-7519.

KMC Bowling League Tournament, every Wednesday night, 7 p.m. at Kīlauea Military Camp in Hawai'i Volcanoes National Park. Open to KMC authorized patrons and their guests. Park fees may apply. 967-8354.

Ka'ū Farmers' Market, Wed/Sat, 8 a.m. – noon, front of Ace Hardware in Nā'ālehu. Produce, Hawaiiana, arts and crafts, fresh baked goods. Table is \$5. Limit 12 vendors. 929-7236.

Quilting Group, Thu, 9:30 a.m. – 4 p.m., Discovery Harbour Community Center. 929-9576.

Women, Infant, Children Services, Fri (except holidays) at various locations. 965-3030 or 934-3209.

Joy School Preschool Playgroup, Fri, 9:30 – 11:30 a.m., Discovery Harbour Community Center. 929-8732.

Moa'ula, cont. from pg. 24

farms where local farmers have built an excellent reputation for growing coffee. Farmers have had leases on the land since the sugar plantation in Ka'ū was preparing to shut down. The land, however, was purchased by a mainland company and its local arm, Ka'ū Farm & Ranch, LLC. Its manager, Chris Manfredi, is assigned with the task of winning the subdivision approval and selling the parcels.

Coffee farmers said they hope to

Public Input Sought for Solid Waste Plan

The Solid Waste Advisory Committee invites the public to comment on the draft County of Hawai'i Integrated Resources and Solid Waste Management Plan Update, The Path to Zero Waste.

This IRSWMP Update is available at http://www.hawaii-county.com/env_mng/iswmp.htm. A 60-day review period for the IRSWMP Update started on Sept. 1, and all comments received by Oct. 30 will receive full consideration, said Mike Dworsky, Solid Waste Division Chief.

This plan covers all aspects of waste management undertaken by the County of Hawai'i, including waste reduction, education, recycling, reuse, composting, collection, transfer, and disposal. It outlines a number of potential changes to the County's current system, including initiatives that move the County on a path toward zero waste by focusing on legislation and programs that treat waste as a resource. These include:

- Programs to divert organic materials from the County landfills;

Kahumoku Music Workshop Nov. 27

Keoki Kahumoku is hosting his annual Fall workshop of slack key and 'ukulele music training with Hawaiian music masters., Nov. 27 – Dec. 5 at Pāhala Plantation House. See more in the next *Ka'ū Calendar* and at www.hawaiimusiclive.com and at www.konaweb/keoki. Scholarships are available for area students.

Live Entertainment at Hana Hou Restaurant, Fri, 5:30 - 7:30 p.m. Nā'ālehu. 929-9717.

Live Entertainment and Dancing at South Side Shaka's Restaurant, Fri, 8 p.m. Free pupus. Nā'ālehu. 929-7404.

Ocean View Farmers' Market, Sat, 7 a.m. – noon, Pohue Plaza.

Treasure Hunt Resale Outlet, Sat at Ocean View Farmers' Market. Debra Bridgers, 936-9358 or www.makemdayhawaii.com.

Square Dancing, Sat, 7 – 8:30 p.m. at Ocean View Community Center. Open to all; under 12 must be accompanied by an adult. Joe, 808-646-0479.

Volcano Farmers' Market, Sun, 7 – 10 a.m., Cooper Center. Fruits and veggies, swap meet and more.

Free Lunches, Sun, after 12 noon, Nā'ālehu Hongwanji. Sponsored by Thy Word Ministries-Ka'ū and the Food Bank Hot Meal Program.

Alcoholics Anonymous meetings: One Day at a Time Group, Sat, 6:30 p.m., Cooper Center; Pāhala Group, Wed, 7:30 a.m., Holy Rosary Church; Southern Star Group, Tue, 7:30 p.m., Sacred Heart Church in Nā'ālehu; Friday Night BBQ Meeting, Fri, 5 p.m., Wai'ōhinu (929 -7674); Happy, Joyous and Free Group, Mon/Thu, 7 p.m. and Sat, 5 p.m., St. Jude's in Ocean View. West Hawai'i Intergroup, 329-1212 or the Hilo office, 961-6133.

The Mobile Care van and dentist, monthly, 8 a.m., Ocean View Community Center. Call 939-7033 for the date.

purchase the land where their farms are located or stay on the land without the intrusion of large estate houses. The decision on whether to approve the Project Unit Development and give variances to the developers for water, roads and for lot sizes smaller than the 20-acre zoning is in the hands of Planning Director Bobby Leithead-Todd. There are no public hearings, Planning Commission opinion or County Council vote needed to make this decision.

- Implementing a proposed pay-as-you-throw system at County recycling and transfer stations where dropping off recyclable materials is free but garbage must be delivered using pre-purchased bags or tags;
- Rebuilding and providing improved services at recycling and transfer station facilities while managing system costs by reducing hours of operation per day, and reducing the days of operation per week at selected transfer stations;
- Proposed legislation that makes recycling certain types of waste materials mandatory for residents and businesses, and charging significantly higher tip fees at the landfill for loads that contain designated recyclables;
- A strategy to provide for disposal of residual waste or substantially non-recyclable materials after the South Hilo Sanitary Landfill reaches its maximum disposal capacity;
- Improved opportunities to divert household hazardous wastes and electronic wastes from County landfills and transfer stations.

There are several ways for the public to provide input. Written comments should be sent to: Department of Environmental Management, Solid Waste Division, County of Hawai'i, 25 Aupuni St., Hilo, HI 96720 Attn: IRSWMP Comments

An easy to complete on-line survey is available at http://www.hawaii-county.com/env_mng/iswmp.htm. For more information call 961-8515.

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E PILI ANA HO'OMANA

Volume 7, Number 12

The Good News of Ka'ū, Hawai'i

October 2009

Boys & Girls, cont. from pg. 24

Santiago, who has been with the unit for a year, says membership has increased from 86 to 186, with daily average attendance hovering around 103 students for both sites.

At Nā'ālehu students receive homework help and enjoy activities such as wrestling with Greg Rush; 'ukulele with Keoki Kahumoku; Hawaiian culture, hula, and arts and crafts with Nohea Ka'awa. Santiago is looking for volunteers to help increase the programs the club offers.

In Ocean View Santiago says her volunteer base grew instantaneously. Kids enjoy activities such as soccer with Ka'ū High coach Crystal Mandaguit; hula with Terry Tanaka; boxing with Norman San-



Boys & Girls Club members from Pāhala blow through straws to simulate how the wind mixes salt and fresh water in the estuary at Honu'apo. Ka 'Ohana O Honu'apo Board member Megan Lamson leads students through experiments which test the salinity of water samples.

tiago, Lehua Galletes, and Justin Mason; life skills like sewing, cooking, planning meals on a budget and filling out job applications with Amaura Delany; tutoring with Phil Sharkey; baseball with Mark Angpawa and Bill Becker; music

classes and ensemble band. Galletes also runs a Torch Club for ten- to 13-year-olds, which plans fundraising, community cleanups and events and are educated events and are educated?? with an anti-drug and bullying curriculum. Galletes' mom Genny also runs a similar club for older teens called Keystone Club.

"I give the volunteers all the props. If not for them, all of this would not be possible," said Santiago.

At Kahuku Park the club is working on replanting a garden they started over the summer. Santiago said the idea for the garden was inspired by the students who realized how expensive food was and wanted to be able to grow food for the community. "They wanted to be able to have somewhere they could get food instead of starv-



Ocean View Boys & Girls Club plant a garden at Kahuku Park.

ing or taking it from someone else," she said. The club harvested the first round of vegetables and made a potluck salad. The garden also serves as therapy; when kids get mad they take out their anger on weeds in the garden.

The club requires students maintain a 2.5 GPA to participate in activities. They can receive tutoring help during activity time until their grades improve.

Every last Friday of the month, the club holds a family potluck at Kahuku Park. An award ceremony recognizes the Youth of the Month in different age categories. These students "are well-rounded, show respect and go above and beyond the expectations of a club member," said Santiago. Activity advisors also hand out awards for most improved and for aca-

demic performance. Santiago also planned to give awards for perfect monthly attendance. The last monthly potluck the club saw 89 kids and family members attend.

Santiago, a long-time community volunteer for a variety of youth programs and teams, has worked as media director for Aloha Island Performing Arts Academy and headed the youth accounts and created the Keiki Kālā Club at the Ka'ū Federal Credit Union. She has contributed and coordinated several community fundraisers and also runs her own media business under the name Nikki's Creations.

Students can join any Boys & Girls Club for just \$10 per year. For more information or to volunteer, call Shibuya (Pāhala) at 756-5285 or Santiago (Ocean View) at 756-0493.

Ka'ū Schools, cont. from pg. 4

help before school.

Tutoring Help Available

Early bird tutoring is available to middle school students from 7 to 7:30 a.m. Middle school teachers rotate, providing supervision and help in any subject. After school, educational assistants also provide tutoring help for both middle and high school students.

GEAR UP provides \$30,000 for AVID

The school has also received a \$30,000 GEAR UP grant to support the Achieving

Via Individual Determination program. GEAR UP, a federal program which stands for Gaining Early Awareness and Readiness for Undergraduate Programs, gave Ka'ū the money to send a team of teachers to the mainland to train in the AVID and also to hire tutors for the program.

AVID targets students who have the potential to excel in rigorous courses. but may need extra skills and support. Often these students may be the first generation in their family to attend college. The program started in the middle school last year, and teachers have already noted that partic-

ipants are better organized and have better time management and note-taking skills. The school will hire tutors who are in college to be mentors and role models for the students. Tutors will facilitate study sessions where a student may bring a question or problem from a class they are taking, and the group of students will work together to solve it. "It's more about the thinking process, asking the right questions and not just giving the student the answer," said Vice-Principal Pauline Stamosos-Correa. "It is not just about getting to college, but how to be successful when you are there."

electives, such as weight training, business, art and yearbook.

UPLINK, an after school program geared towards providing middle school students with activities and study help, continues again this year. The school has applied for a \$150,000 grant to support this program, with the results due in mid-October.

New Bell Schedule

Ka'ū High and Middle School has moved from a rotating seven-period bell schedule to an eight period model. The new schedule allows for a guidance period with teachers teaming up to serve as grade-level advisors. Freshmen students are working on transitioning to high school, while sophomores are focusing on study skills. Juniors concentrate on college entrance test taking, and seniors work on individual projects they need to complete as a graduation requirement.

Intersession Classes

Full day or half day sessions of extra classes will be offered during Fall Intersession, Oct. 5-9 for Kindergarten through ninth grade. Information was sent home with each student. Call the school to register.

For more information about the school or its programs, call 928-2088 or 928-2089.

College Courses on Campus

Ka'ū High also continues to maintain the Advanced Placement classes, which are college-level classes for which students can often receive college credit, that were implemented last year. These include AP English, AP Biology, AP World History and AP U.S. History.

Through a partnership with Hawai'i Community College, the construction academy, which teaches students the basics of construction and building with wood, is also continuing this year.

Middle School

The middle school has welcomed seventh-grade students from Nā'ālehu School, which is now exclusively an elementary school. By teaming with the high school, middle school students can choose more

GUIDE TO KA'Ū CHURCHES

VOLCANO

- New Hope Christian Fellowship 967-7129
- Volcano Assembly of God 967-8191
- Kilauea Military Camp Chapel 967-8333, Protestant - 9am
- Catholic 11:15 am, Sundays

PĀHALA

- Assembly of God 928-0608
- Holy Rosary 928-8208
- Pāhala Bible Baptist Mission 928-8240
- Pāhala Hongwanji 928-8254
- The Universe Story, celebrating the science of the cosmic genesis from creation of galaxies and the origination of Earth to the development of self-reflective consciousness. Meditation on the creation story that everyone holds in common, which is being revealed through modern technology. See thegreatstory.org. Monthly meetings 928-0151
- Wood Valley Tibetan Buddhist Temple & Retreat 928-8539

NĀ'ĀLEHU

- Assembly of God 929-7278
- Iglesia Ni Cristo 929-9173
- Jehovah's Witnesses 929-7602

- Kauaha'ao Church 929-9997
- Latter Day Saints 929-7123
- Light House Baptist 939-8536
- Nā'ālehu Hongwanji Buddhist Temple - 95-5693 Mamelaha Hwy., Nā'ālehu, HI 96772
- Sacred Heart 929-7474
- United Methodist 929-9949
- Christian Church Thy Word Ministry meets in Nā'ālehu Hongwanji, Sundays 10 a.m. 936-9114

OCEAN VIEW

- Kahuku UCC 929-8630
- Ocean View Baptist Mission 443-3731
- OV Evangelical Community Church 939-9089
- St. Judes Episcopal 939-7000
- Divine Faith Ministries 929-8570 (non-denominational) meets Ocean View Community Center 10 am Sundays, Children, Youth, Bible Study. Call for more information .
- Church of Christ 928-0027 Back to the Bible! 9A.M., Bible class studying Romans. Worship 10A.M. Expository lessons from N.T. Books

Javar to Open Roaster for Ka'ū Coffee on O'ahu

Leo Javar, nephew of Ruby and Amy Javar, of Pāhala, is operations manager for Pavaraga Specialty Coffee of Hawaii, which is opening a facility in Kapolei to roast and distribute Ka'ū Coffee throughout O'ahu.

Javar travels between O'ahu and Ka'ū for his work in the Ka'ū coffee business. He said that an automated Diedrich coffee roaster will soon be up and is expected to service many restaurants and stores with fresh roasted Ka'ū Coffee on demand. Over the last several years, Javar has worked with several Ka'ū coffee farmers, accepting samples, improving processing techniques and placing orders. He said he hopes to be able to purchase a significant amount of Ka'ū Coffee each year to help the farmers reach financial success.

Pavaraga, along with Aikane Coffee Plantation, were the two entities repre-



Pavaraga Coffee was one of two companies representing Ka'ū Coffee at Made in Hawai'i. Javar said the Pavaraga booth gave

out some 12,000 Ka'ū Coffee samples and displayed a video montage of Ka'ū to help educate the public about the origin of high end Ka'ū Coffee. They were assisted in creating their display by Shawn Steiman, a coffee expert from Coffea Consulting who earned a PhD from the University of Hawai'i, studying shade grown coffee. Steiman gave educational talks to Ka'ū Coffee farmers during the 2009 Ka'ū Coffee Festival. During *Made in Hawai'i*, Pavaraga displayed and sold Steiman's publication, *The Hawai'i Coffee Book*, with its region-by-region guide and flavor profiles.

As a result of the *Made in Hawai'i Festival*, Javar said many restaurants and retailers expressed interest in carrying Pavaraga's Ka'ū Coffee. He said the presen-

tation "gave Ka'ū a high-end professional projection which separated Ka'ū from other coffees."

Earlier this year, Dan Tang, master roaster, chose to enter Ruby & Amy Javar's coffee in the Specialty Coffee Association of America Roasters Choice Tasting Competition. The Ka'ū roast coffee set a precedence by placing top ten in the world. At the same SCAA convention Kailiawa Coffee from Ka'ū placed seventh in the Coffee of the Year competition and Pavaraga soon sold out of its Kailiawa stock.

The Pavaraga Specialty Coffee website is at www.pavaraga.com. The Coffea Consulting website is www.coffeaconsulting.googlepages.com.

Ag & Ranch Funding for Ka'ū

by Ron Johnson

Ka'ū farmers and ranchers, hard hit by vog and other challenges, and those faced with opportunities, could be eligible for numerous federal assistance programs described during a September discussion in Pāhala led by Sabina Swift, of the University of Hawai'i.

Supplemental Revenue Assistance Payments provide benefits for farm revenue losses due to natural disasters. The Livestock Forage Program provides compensation to eligible livestock producers who suffer grazing losses due to drought or fire on federally managed land. The Noninsured Crop Disaster Assistance Program provides assistance to producers of noninsurable crops when low yields, loss of inventory or prevented planting occurs due to natural disasters.

Calves Succumb to Vog

Lester Ueda, of the USDA Farm Service Agency, explained that the Livestock Indemnity Program provides payments to eligible livestock owners and contract growers who suffered losses due to vog. Ueda said that calves have died from a trace mineral imbalance caused by the mother grazing on pasture contaminated by vog. The affected calves are not able to stand, and as a result cannot suckle. A notice of loss must be filed within 15 days of the loss. Another Emergency Conservation Program offers assistance to replace galvanized pipeline damaged by vog. The FSA also has many loan programs. For more information, call 933-8340.

Conservation Practices

The Natural Resources Conservation Service provides technical and financial

assistance to install conservation practices that address identified natural resource concerns including animal waste, sedimentation from erosion, weeds, insufficient water supply, pesticide/nutrient contamination of water, at-risk species habitat and water conservation. Kori Galapir Hisashima, who graduated from Ka'ū High in 1994 and is now a USDA conservationist, said the state received \$6 million from the federal farm bill for this program in 2009. For more information, call the Hilo Service Center at 933-8381.

Healing Our Island

Day Day Hopkinson, of the county's Dept. of Research and Development, discussed Healing Our Island grants that are

Ag Funding pg. 20



Kailiawa

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Public Asked for Ag Plan Input

Ka'ū residents will have an opportunity to provide input into the 2009 County of Hawai'i Agricultural Development Plan from 6 to 8 p.m. on Tuesday, Oct. 27 at Pāhala Community Center. The Kohala Center is conducting islandwide listening sessions prior to finalizing the plan, which it is preparing in conjunction with Agricon Hawai'i, LLC. The plan is intended to guide the revitalization of agriculture as a basis for Hawai'i Island's economic development by focusing on measures designed to increase the production of food for local consumption and support the growth of export products.

The preliminary draft of the plan will be available for review at <http://kohalacenter.org/agplan.html> by Oct. 10. After the fall round of public sessions, The Kohala Center will incorporate public input and present the final draft to the County of

Hawai'i Dept. of Research and Development in early December.

Residents also can provide suggestions and comments to Guy Kaulukukui, director of The Kohala Center's Food Self-Reliance Program, at 887-6411 or agplan@kohalacenter.org.

'ĀINA MAHI'AI O MILOLI'I

Have Chipper Will Travel

A unique agricultural service, begun in 1989, provides west Hawai'i and Ka'ū landowners with large amounts of organic material while ridding the property of unwanted overgrowth.

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Stars over Ka'ū October 2009

by Lew Cook

Jupiter has crossed the meridian, the line that divides the eastern from the western half of the sky by chart time. It is about halfway up the sky in the south at 9 p.m. on the 15th (10 p.m. on the 1st or 8 p.m. on the 30th).

Overhead this month is the constellation Pegasus, the winged horse. It is a large constellation, and by borrowing a star from Andromeda, is best known by its notable asterism - a large fairly empty square. This is called, not surprisingly, the Great Square. It also hosts one of the first stars with a planet that was detected by an amateur astronomer. Since that detection, there have been over 300 planets discovered by professional astronomers, and some of these have also been detected by amateurs as well.

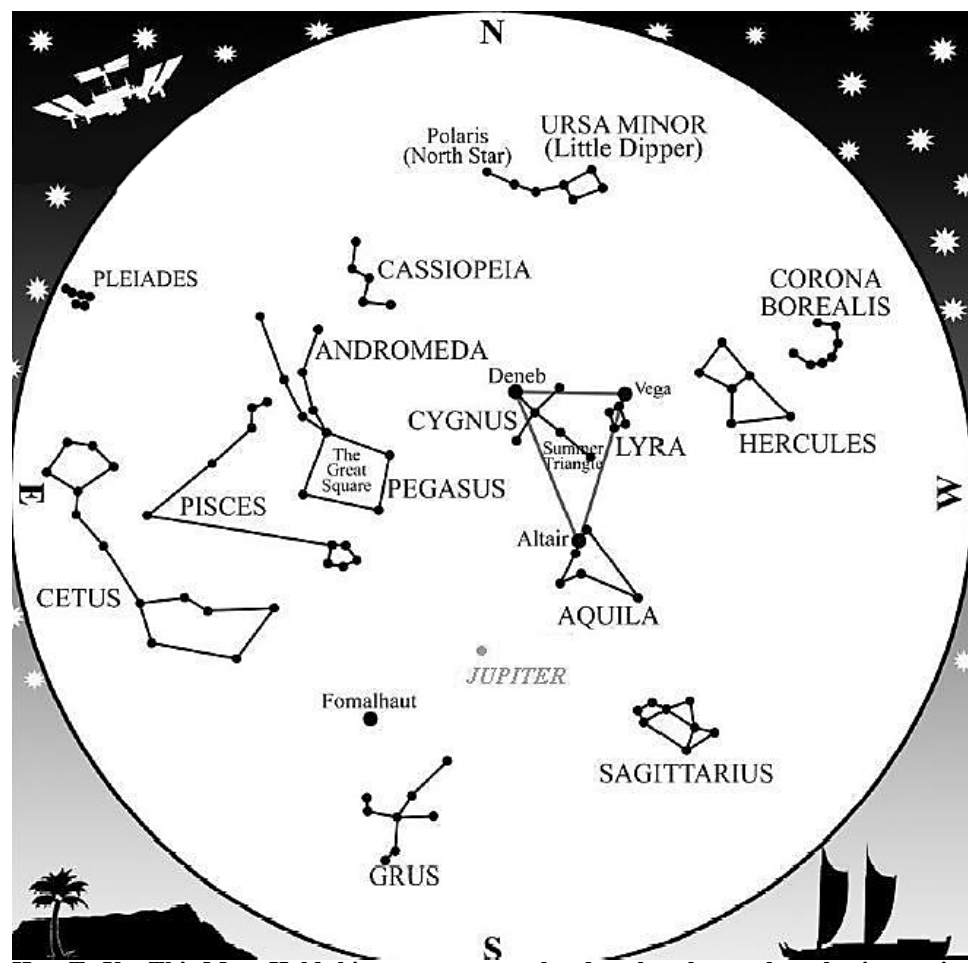
The Milky Way, our galaxy, cuts a diagonal swath across the sky, just to the west of the feet of the constellation Perseus, as depicted in H. A. Rey's book, *The Constellations - a New Way To See Them*. One of the late Mr. Rey's books is the reason I became interested in Astronomy back in fifth grade.

Grus, the Crane, is flying up from the south. It is one of the southern groups of stars that is seen clearly from Hawai'i, but not from any other state in the U.S. except southern Texas and Florida. The same can be said of its neighbor to the east, Phoenix. The Phoenix does not contain bright stars, so it doesn't show up on the chart like Grus does. It is doubtful many in Ka'ū have seen Grus and known what they were looking at, so you can elevate your knowledge by taking a look. Use the chart.

Date	Sunrise	Sunset
Oct. 3	6:13	6:08
Oct. 10	6:15	6:02
Oct. 17	6:17	5:57
Oct. 24	6:19	5:52
Oct. 31	6:22	5:49

Moon

Full Moon.....	Oct. 3
Last Quarter.....	Oct. 11
New Moon.....	Oct. 17
First Quarter.....	Oct. 25
Full Moon.....	Nov. 2



How To Use This Map: Hold this map over your head so that the northern horizon points toward the northern horizon on the Earth. For best results, use a red flashlight to illuminate the map. Use this map at about 10:00 p.m. early in the month, 9:00 p.m. mid-month, and 8:00 p.m. late in the month. *Map provided by Bishop Museum Planetarium. Pre-recorded information: (808) 848-4136; Web site: www.bishopmuseum.org/planetarium. Podcast: feeds.feddburner.com/bishopmuseum; Email: Hokupaa@bishopmuseum.org. Lew Cook operates a modest size computerized telescope that looks deep into space from Pāhala. He emails measurements of his images and research to astronomers. For more information, go to his website: www.lewcook.com/pahala.htm.

Invitation to Sleep Over at 'Imiloa Astronomy Center

Ka'ū residents are invited to over-night at 'Imiloa Astronomy Center in Hilo on Thursday, Oct. 8 to witness a live video feed of the Lunar Crater Observation and Sensing Satellite as it looks for water on the dark side of the moon.

All attending the sleepover will meet the NASA outreach team and watch the live feed from the observatories at the summit of Maunakea -- all while the LCROSS mission speeds toward its moment of impact on the moon. The mission will help determine the presence or absence of water/ice in a permanently shadowed crater at the moon's South Pole. The identification of water is considered very important to the future of human activities on the moon.

The evening will be filled with activities including a 3D planetarium show, a

live presentation with space journalist Andrew Chaikin, a 3D tour of the solar system in the 4D2U theatre, demonstration participation and hands-on activities in an exclusive after-hours exploration of the exhibits.

The adventure includes a nighttime snack and a light continental breakfast. Space is limited. The evening is for adults and children in grades six and higher. Children must be accompanied by a parent or guardian. There must be one adult for every three children. The cost for adults is \$40 for non-members and \$35 for members. The cost for children is \$35 for non-members and \$30 for members. Call 969-9720.

For more information on LCROSS, visit <http://lcross.arc.nasa.gov>.

Enriques on Kahuku, cont. from pg. 2 conform to the CDP?" Enriques said. "If this (CDP) was in place when the Punalu'u project was proposed, it would have been a simple thing."

"Growth will come. It might be slow, but it will come," he said, "and it will be in the lines as described in the CDP.... You need to be there and voice your opinion. Your voice is critical to determine the picture of how this growth will happen," said Enriques. "There's a price we have to pay; we have to decide what that is and if it's worth it."

The CDP process includes a meeting on Saturday, Oct. 17 at Nā'ālehu Community Center. The public is invited from 10 a.m. to noon.

Enriques Fights for Shelter Gym

Council member Guy Enriques said he continues to lobby for a new gym for Pāhala that would also serve as a community shelter for disasters and for protection from vog events. He said it's one of his pet projects that he would like to see finished.

He noted that such projects take a long time for approval, with Pāhoa recently awarded its gym after planning since 1972. "Whether we get it in two years or three years, I'm not sure, but hopefully it's not twenty years," he said.

He said a bill to fund the gym passed the state House of Representatives and Senate and is now in the Department of Education budget for Capital Improvement Projects on the VIP list. However, it is listed in the 90s of the top 100 prioritized proj-

ects. The council member said he wants to accompany Ka'ū citizens to O'ahu to the state Board of Education meeting in October to testify for the shelter gym and help push it toward the top of the priority list. "If it's a high priority hopefully the governor will release those funds, and while I have a tie to this governor, I think I can pull some strings to get that money released," he said.

Enriques noted that he also lobbied for the shelter gym in Washington, D.C. and received verbal support from Sen. Daniel Inouye. Enriques said that he has gathered support from the county council, the mayor, civil defense, Red Cross, Senator Russell Kokubun, and Representative Bob Herkes.

According to Enriques, Ka'ū is without any certified disaster shelters. When major Hurricane Flossie was sitting off South Point in 2007, residents had no safe place to hide, he said. Enriques said he could also have some help from Gov. Linda Lingle, since her Hawai'i Island east side liaison helped run his campaign for council.

During the Pāhala meeting, Sara Witt, of Pāhala, asked whether the gym would be built with local labor. Enriques responded that employing local residents is always a priority, and some elements of such a large project could be handled by the smaller local contractors.

The cost of the shelter gym, while not completely planned, is estimated to top \$20

*Enriques, pg. 20
The Ka'ū Calendar*

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VOYAGERS
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KEEPING HEALTHY IN KA'Ū

Volume 6, Number 10

A Journal of Good Health, Food and Fitness

October, 2009

Project Vision Brings Retina Screening to Ka'ū

by India Young

Some 45 Residents received free top-of-the-line retinal eye screenings Sept. 1 on the front lawn of the Bay Clinic's Ka'ū Family Health Center in Na'alehu. The promotion was part of *Project Vision*, a non-profit foundation sponsored by the Retina Institute of Hawai'i, the American Diabetes Association, and Lions Club International. Volunteers from Bay Clinic also helped during the visit to Na'alehu.

Event chair Carl Barash, of Pāhoa Lions Club, said nine of their volunteers traveled to Hilo, Pāhoa and Na'alehu and were next headed to Waikoloa in the state-of-the-art Project Vision van. The van was shipped for free from O'ahu by Young Brothers, Ltd., saving the group about \$1600. This was Project Vision's first time servicing Hawai'i Island.

The Project Vision van has a waiting room and screening room where a cutting edge Cannon camera takes digital images of the inside of the eye for about two minutes. The optic nerve is measured and pho-

tographed with "equipment so precise it can detect 8 or 9 diseases of the eye," said Barash. "The technology is able to detect very early stages of diabetes in the eye even before a blood test does."

"I was told this particular technology is more in-depth, and it allows your vision to be restored to normal after the exam, without taking dilating eye drops," said patient Troy Gacayan.

Patients and their eye doctor receive the exam results in the mail. The screenings can reveal if patients are at risk for diabetes, glaucoma, macular degeneration, cataracts and high blood pressure, even before vision loss has occurred. The Project Vision goal is to "seek out eye disease before it has a chance to cause damage and vision loss. This is especially important for the large diabetic population we have here in Hawai'i."

Fifteen hundred patients have been seen since December 2007; 45 percent had abnormal findings in at least one eye.

Barash noted that more than 65 per-



Project Vision Van brings sophisticated retina scanning to Ka'ū. Patient Troy Gacayan, with volunteers Ron Keith, Kevin Ono, Wayne Kuwaye and Carl Barash.

Photo by India Young

cent of eye loss is due to diabetes, and that one in six people in Hawai'i have the disease. He said they hope to make the free eye screenings an annual event in Ka'ū.

"The experience was great. The volun-

teers really have a heart for the community," said Gacayan. For more information, call 808-955-0255 or visit www.RetinaHawaii.com.

Food Need Continues to Increase, Community Drive, Oct. 14-31

The Ka'ū Community Partnership is asking for donations of non-perishable food items for the Community Food Drive from Oct. 14 through 31. Collection sites that are open daily will be at Nā'alehu Market from 8 a.m. - 7 p.m. and until 6 p.m. on Sundays; Discovery Harbour Community Association office from 8 a.m.-12 p.m.; Kahuku Mini Mart from 5:30 a.m.-9 p.m. During weekdays collection sites will also be available at Nā'alehu School cafeteria from 7-8 a.m. and 1:30-

2:30 p.m.; Ka'ū Family Center (Family Support Services of West Hawai'i) from 8 a.m.-12 p.m.; and Pāhala Community Center from 12 to 2 p.m. Donations of gift certificates to local grocery stores are also appreciated.

"The need for food continues to increase in our community. With the state of our economy more and more people are in need. For those on a fixed income the dollar has been stretched to its limit. Unemployment benefits will soon be running

out for some," said Teresa Alderdyce, Ka'ū Family Center Coordinator. "Our last food drive was a great success. Please give to those in need in Ka'ū."

The Ka'ū Community Partnership is made up of representatives from Ka'ū Family Center (Family Support Services of West Hawaii), Nā'alehu Elementary School, Discovery Harbour Community Association, Hana Hou Restaurant, Queen Lili'uokalani Children's Center, Tūtū and Me, state Department of Health, Ocean

View Community Association, Friends of Kahuku Park, Once Upon a Story, Ka'ū Main Street, and Ka'ū Mental Health.

The Ka'ū Community Partnership meets the last Thursday of the month at 12:30pm at the Nā'alehu Community Center. The meeting is open to the community. Any group or business interested in being a food collection site can contact Alderdyce at 929-9611, ext 10.

Ka'ū Rural Health Receives \$10K for CNA Mentoring

In early October, four local residents will complete the Ka'ū Certified Nurse Aide mentoring program for prospective students of Certified Nurse Aide training in Ka'ū.

The mentoring includes 150 hours of lectures, skill-building and visits to health and community-based resources. It was organized by Ka'ū Rural Health Community Association, Inc., which received

a \$10,000 grant from Hawai'i County Office of Aging to develop the Ka'ū CNA Mentoring program. The classes take place at the Ka'ū Resource and Distance Learning Center in Pāhala.

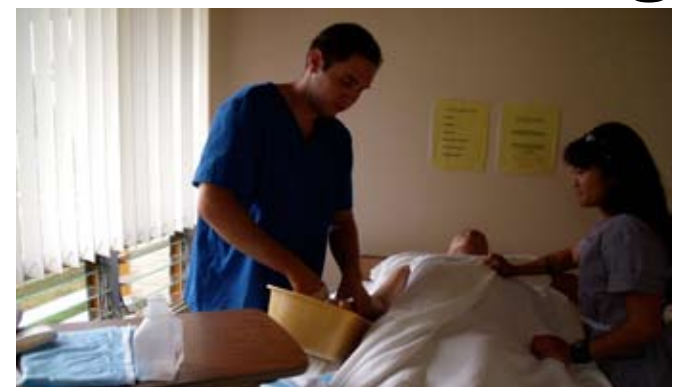
Self-Help for Chronic Disease to be Offered in Ka'ū

Ka'ū Rural Health Community Association, Inc. has become a Stanford University licensed Chronic Disease Self-

Management Program training site. The program educates volunteers in the community to help people with chronic diseases to manage their health.

Local Program Coordinator Jessie Marques said the chronic disease curriculum is included in a nurse aide mentoring program, and was also offered to graduates of Certified Nurses Aide training here in Ka'ū, and to state Department of Health behavioral health workers. The classes take place at the Ka'ū Resource and Distance Learning Center in Pāhala.

Once trained, volunteers can team up to offer a six week program to community members with chronic diseases, with



Shawn Marques and Rochelle Wakimoto, students in the Ka'ū CNA Mentoring program, practice sponge bathing a patient on a mannequin at the Ka'ū Resource and Distance Learning Center in Pāhala. Photo by Jessie Marques

weekly two-and-a-half hour workshops. The workshops can be held at such places as senior centers, churches, libraries and hospitals. They can be conducted throughout the year.

CNA Mentors, pg. 20
October, 2009 Page 19



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Deep WELLness

Getting Well & Living Well in Ka'ū

by Dr. Frederick Kennedy, Chiropractor
and Dr. Jana Bogs, Nutritionist

You feel good. You don't hurt. Your doctor said, "clean bill of health." Does this mean you are healthy? Maybe, maybe not. Health is like a bank account. You can use your debit card for \$50 on a nice dinner with your mate, but the next day realize that you are overdrawn when your mortgage check bounces. Oops! After that great dinner you go jogging the next day and end up with a massive heart attack. The health bank account is overdrawn.

We call this shallow health when you feel good, are symptom free, but have high risk for cancer, heart disease, diabetes and many other chronic illnesses. We can move from this shallow health to Deep Wellness and prevent most chronic illnesses through lifestyle choices and good habits. Even those diagnosed with chronic disease, can improve through a Deep Wellness lifestyle.

What's in the Food?

The standard American diet (S.A.D.) often has many lifeless empty calories along with potentially health damaging colorings and preservatives. Red dye #40 has been associated with cancer, is linked to behavioral problems in children and is contained in many baked goods, candy, cereals, dairy, sauces and snacks. Other examples include BHT, BHA, MSG, nitrites, sulfites, aspartame – all linked to health problems. Read the labels and look up the meaning and the health concerns.

Enriques, cont. from pg. 18

million. It would be located on the Pāhala school grounds.

Currently Active Projects

While speaking to the public in Nā'ālehu, Enriques said he's "riding shotgun" on a few specific projects. "When we have projects in our district, if we don't ride shotgun they can slip past you," he said. The first project mentioned is the resurfacing of the basketball courts and adding new baskets, some of which will be for small children. "This will be a lot more productive," he said.

He said that there will be road construction at Kāwā flats where the road floods every year. He added that the county is in the process of purchasing Kāwā; they have bought one parcel and have to raise the money for the two remaining parcels.

Enriques spoke about a project to construct two fire truck shelters. The components have been on the ground for about two years. He said one may be built on

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Obesity in Ka'ū

A major issue here in Ka'ū is obesity. Many prepared foods eaten here have a high content of high fructose corn syrup, a form of sugar. Getting too much sugar over the years contributes to the weighty problem, and may stress and overwork the pancreas, and help lead to diabetes.

What Can We Do?

Select more natural un-processed foods without all the sugar, added colorings, preservatives and flavorings. Spend more time in the produce section to cut down on prepared foods. Go to the farmer's market in Volcano, Nā'ālehu and Ocean View and buy fresh, local produce directly from farmers. If you cannot find organically grown, take care to wash the produce very well to decrease intake of toxic chemicals.

Start a small organic garden in your yard. Many things grow year round here in Ka'ū. Get your soil tested and apply the recommended organic soil amendments and foliar sprays. Deep Wellness begins with the soil where food is grown.

Many healthy natural foods such as noni, coconut, mango, papaya, squash and guava grow in the wild. Our eating habits are one major component in distinguishing shallow health from Deep Wellness. There is a lot at stake... our quality of life and longevity. Some healthy food items may cost more, but others really cost less, so developing healthy eating habits may save thousands of dollars in the end by reducing the incidence of illness.

state land near the culvert in Wai'ōhinu.

The council member said next that he is awaiting permits for a lifeguard stand at Punalu'u. Enriques said he wants to see local people from Ka'ū get certified and employed as the guards. There will be a lifeguard certification class in October for anyone who is interested. Two part-time guards will start at \$17 per hour. "When the economy gets better, we are looking to put four guards down there," he said. The potential start date is Jan. 2010. For more information, contact him at 961-8263 or genriques@co.hawaii.hi.us.



Ka'ū Family Health Center

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Call (808) 929-7311 for a medical appointment
Call (808) 930-0437 for a dental appointment
(walk-in's for dental care are accepted on first come-first served basis on Thursdays until 3pm)

"Serving our Ka'ū community since 1996"

The Ka'ū Kitchen

Smoked Meat for Jungle Express & Ka'ū Coffee Festival



Enjoyed by enthusiasts after the contest, smoked meat varied from firm to soft, salty to sweet in the recipe contest at the Jungle Express hunting tournament at Honu'apo in September.

Smoked meat is a popular creation of the many pig hunters and cattle ranchers in Ka'ū, as a way to take high protein, long-lasting food with them out onto the ranches and into the forest. The first through fourth place winners were Steph-

anie Kawaahau, Donald Mello, Emma Kuahiwinui and Bull Kailiawa. Judges were Mary Jane Pedro, Napoleon Kailiawa, David Kuahiwiui and Kurt Dela Cruz, who also emceed the weigh-in at Jungle Express.

Smoked meat, using a Ka'ū Coffee based marinade, was presented at the first Ka'ū Coffee festival earlier this year. Both the Ka'ū Coffee Festival, (May 1 - 2, 2010) and the Jungle Express organizers for next year promise that more smoked meat recipes will be invited to the competition.

Photo by Julia Neal

CNA Mentoring, cont. from pg. 19

Those with chronic diseases can be helped with goal setting and making action plans, problem solving, safe exercise, mediation management, effective communication, healthy eating and evaluating new treatments.

Ag Funding, cont. from pg. 17

available for programs that fight against drug and substance abuse. She also brought up enterprise zone tax incentives that farmers and ranchers may qualify for. She can be reached at 961-8369.

Extension Service

Hawai'i County Extension service administrator Russell Nagata said his office is "here to help you." He encourages people to bring insects, plants

and soil in for diagnostics and testing. Other programs include 4H; aquaculture; alternative crops; floriculture; forestry; Hawaiian Homelands lessee education; livestock, pasture and animal waste management; ornamentals and urban horticulture; tropical fruits, nuts and coffee; vegetables and

Future training for volunteers will include specific chronic diseases such as diabetes and arthritis.

For more information, contact coordinator Tonya Ozone at 854-0688.

herbs; and water quality. For more information, call 981-5199.

Ag Loans

Linus Tavares represented Farm Credit Services of Hawai'i, a private company that provides ag loans for land purchases, warehouses, mills, processors and equipment. The office in Hilo can be reached at 961-3781.

New Fall Fitness Class Schedule

At the Old Pāhala Clubhouse:

Starting October 13!

Ball & Pilates - Tuesdays 3:30 p.m.

At the Ocean View Community Center:

Interval Class w/Balls, Weights & Pilates - Mondays & Wednesdays 8:30 a.m.

Aerobics w/muscle toning -

Thursdays 5:00 p.m.



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Cliff Field, MD, Family Medicine, Board Certified

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KA PEPA VOLCANO

Volume 7, Number 12

The Good News of Ka'ū, Hawai'i

October 2009

Hawai'i Volcanoes Premieres *The National Parks: America's Best Idea*

Hawai'i Volcanoes National Park is premiering the new film *The National Parks: America's Best Idea*, on consecutive nights that started Monday, Sept. 28 and continue through Friday, Oct. 2, from 6 p.m. to 8 p.m. at Kīlauea Visitor Center

auditorium.

The free "public screening of this magnificent film offers everyone an opportunity to watch the inspiring story of America's national parks unfold," said Park Superintendent Cindy Orlando.

"We're bringing it to the big screen and invite visitors and our island community to join us."

Directed by Ken Burns and nearly a decade in the making, the 12-hour, six-episode series was filmed at some of nature's most spectacular locales—from Hawai'i Volcanoes to Acadia, Yellowstone to the Grand Canyon, Everglades to the Gates of the Arctic. Each episode explores a period of time in the creation and history of the National Parks: *The Scripture of Nature* (1851-1890), *The Last Refuge* (1890-1915), *The Empire of Grandeur* (1915-1919), *Going Home* (1920-1933), *Great Nature* (1933-1945) and *The Morning of Creation* (1946-1980).

The film is "the story of an idea as uniquely American as the Declaration of Independence and just as radical: *Natl Park Film*, pg. 23



Like his father and grandfather before him, Park Ranger Jason Zimmer works to protect the park and share its wonders with others. Established in 1916, Hawai'i Volcanoes is the 15th national park in a system that now numbers 391 units. It is featured in the new Ken Burns film *The National Parks: America's Best Idea*.



Ohelo, a native member of the cranberry family, is one of the shrubs seen on the strolls.

Nature Photography Strolls in Volcanoes National Park

Professional wildlife photographer and biologist Jack Jeffrey leads one-hour long *Nature Photography Strolls in Hawai'i Volcanoes National Park* at 9 a.m. and 10:15 a.m. on Friday, Oct 2. This new activity departs from the Volcano Art Center Gallery, located next to Hawai'i Volcanoes National Park Visitor Center.

Jeffrey leads participants on various easily navigable paths and gives tips on how to capture great images of Hawai'i's birds, plants, and landscapes while also providing relevant geographical, biological, and ecological information pertaining to features, plants, birds, and insects encountered on the walk. On a path which begins behind the historic Volcano House and meanders along the rim of the Kīlauea caldera, attendees may encounter various introduced and native birds, including the beloved nectar-feeding apapane, generalist amakihi, berry-eating oma'o, and insectivorous elepai'o. White-tailed tropic birds, often associated with the sea, also may be viewed crossing the caldera and nesting in its cliffs. The protected wet forest in this region fosters native plants and insects on which these birds survive—an environment which is rarely found outside of HVNP.

Attendees are asked to arrive at the Gallery 15 minutes prior to the stroll times. Sign-up is on a first-come, first served basis. Attire suited for wet, cool weather is recommended, as is drinking

water. Participants who want to get photography tips must bring their own camera and have basic knowledge of how it operates. "If you simply want to learn about this special ecosystem and landscape, without taking pictures, you are more than welcome to join one of the groups," said VAC education coordinator Amanda Spaur. The strolls are free, although park entrance fees apply.

Jeffrey has been observing, studying, and capturing images of Hawai'i's endemic species for over 35 years as a renowned wildlife photographer and biologist, and is intimately familiar with Hawai'i's natural treasures. His images have received conservation awards from the National Sierra Club and Hawai'i Audubon Society, and have graced the covers and pages of numerous magazines, textbooks, calendars, and cards.

Photo caption: Ohelo, a native member of the cranberry family, is one of the shrubs encountered on the strolls.

Institute Programs Blend Adventure and Learning


The Hawai'i Volcanoes Institute is sponsoring three events this month. The Institute is a program of Friends of Hawai'i Volcanoes National Park, which supports and promotes the protection, restoration, understanding and appreciation of the park.

"Big Day" *Birding in the Park*, coordinated by birder Nick Shema, takes place Saturday, Oct. 10 from 8:30 a.m. to 4 p.m. Small groups of participants look and listen along Hawai'i Volcanoes National Park trails to see, hear, and identify as many bird species as possible. At day's end, groups will gather together to share observations, refreshments, and door priz-

es. Cost per person is \$20/non-members or \$15 for members. A special discounted rate of \$50 total is given for groups of four people that sign up together.

The Kahuku Photo Expedition happens on Saturday, Oct. 17 from 8:30 a.m. to 8 p.m. This full-day field seminar explores outdoor photography techniques and on-location shooting at the Kahuku section of Hawai'i Volcanoes National Park. The excursion includes a catered dinner and an evening program featuring Jim Gale, Chief of Interpretation. For the adventurous, there is an overnight camping option that includes opportunities to

FHVNP Institute, pg. 23




Hawai'i Volcanoes Institute
Educational Adventures in and around Hawai'i
Volcanoes National Park
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985 7373

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NATURE WALK
Free Forest Tour in Volcano
Every Monday at 9:30 am

1 hour guided walk on easy 1/7 mile loop trail

Meet at Volcano Art Center's Niaulani Campus
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Please bring a rain jacket, as walk takes place rain or shine
along a gravel & dirt trail. No advance reservations needed.

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Mellon-Hawai'i Fellows Retreat to Pāhala

The Mellon-Hawai'i Doctoral and Postdoctoral Fellowship Program retreated to Pāhala Plantation House in July and August to bring Native Hawaiian scholars together who are beginning and finishing a year of academic writing. The program is sponsored by the Kohala Center, based in Kamuela, the Andrew W. Mellon Foundation, based in New York, and Kamehameha Schools.

Kohala Center founder and executive Director Matt Hamabata describes it as a "commitment to develop intellectual leadership from Hawai'i, for Hawai'i and the world." The program is designed for scholars committed to advancement of knowledge about the Hawaiian natural and cultural

environment, Hawaiian history, politics and society. Doctoral fellows are given the opportunity to complete their dissertations before accepting their first academic posts. Postdoctoral fellows are given the opportunity to publish original research early in their academic careers.



Dr. Ku'ualoha Ho'omanawanui, a Mellon-Hawai'i Postdoctoral Fellow, studies Hawaiian and other indigenous literature.

Hamabata said candidates demonstrate scholarly and leadership promise; conduct research that involves the Hawaiian natural or cultural environment, Hawaiian history, politics, and society; have a history of service to the Hawaiian community and to society as a whole; and reside in Hawai'i or whose research requires extended periods of time in Hawai'i. Native Hawaiian scholars in any residential

community and to society as a whole; and reside in Hawai'i or whose research requires extended periods of time in Hawai'i. Native Hawaiian scholars in any residential



Kauanoë Kamanā, a Mellon-Hawai'i Doctoral Fellow with third grade students practicing reading in Hawaiian at Ke Kula 'O Nāwahīokalani'ōpu'u.

or external degree program of a fully accredited U.S.-based institution, or institutions abroad, such as the native university system in Aotearoa (New Zealand), are eligible. Applications for the academic year 2010-2011 are due Feb. 15, 2010. See <http://kohalacenter.org/mellonabout.html>.

The Fellows in the 2009-2010 program are:

Kauanoë Kamanā: She is a Hawai'i Island resident earning a doctorate in Hawaiian language and indigenous language and culture revitalization at the College of Hawaiian Language at the University of Hawai'i at Hilo. Her mentor is Kalena Silva, Ph.D., director of Ka Haka 'Ula O Ke'elikōlani College of Hawaiian Language, University of Hawai'i at Hilo. Her dissertation is titled *Ke Ō O Ka 'Ike Ku'una Ma O Ka Mo'oki'ina Ho'oponopono Ma Ke Kula 'O Nāwahīokalani'ōpu'u: Living Traditional Culture through the Contempo-*

rary Application of the Conflict Resolution System, Mo'oki'ina Ho'oponopono, at Ke Kula 'O Nāwahīokalani'ōpu'u School.

Kamanā has more than 30 years experience in Hawaiian language revitalization. She and her husband, Hawaiian educator William "Pila" Wilson, helped found 'Aha Pūnana Leo, the leading language revitalization organization in the United States. For the past 26 years, 'Aha Pūnana Leo has increased the population of fluent Hawaiian speaking children from less than 40 to over 3,000. The couple's own children are first language speakers of Hawaiian.

Kamanā serves as president of 'Aha Pūnana Leo and is an associate professor at Ka Haka 'Ula O Ke'elikōlani, Hawaiian Language College at UH-Hilo. She directs the university's internationally renowned P-12 Hawaiian immersion laboratory school, Ke Kula 'O Nāwahīokalani'ōpu'u, in Kea'au. "Her life's work re-establishes the link between cultural vibrancy and academic success, and she firmly believes that we all have a role in carrying that legacy into the future," said Hamabata.

Dr. Ku'ualoha Ho'omanawanui: She holds a Ph.D. in English from the University of Hawai'i at Mānoa, where she is assistant professor of Hawaiian Literature in the English department. She is mentored by Cristina Bacchilega, Ph.D., professor in the Department of English, University of Hawai'i at Mānoa.

"Ho'omanawanui's work promises to transform the ways in which Hawaiian literature has been read—or not read—in contexts that include comparative and indigenous literatures," said Bacchilega. Her academic work is published in *The Contemporary Pacific*, *Storytelling Today*, *The Encyclopedia of Ethnic American Literature*, *American Indian Quarterly* and *Crossing Waters*, *Crossing Worlds*, *Hūlili*, and *Alter-*

Native. Her creative work is published in the 'Ōiwi, *Whetu Moana* (New Zealand), *Acoma* (Italy), *Women Writing Resistance*, and *Women Writing Oceania*.

Dr. Karin Ingersoll: She received her Ph.D. in political science in May 2009 from the University of Hawai'i at Mānoa. Her mentor for the fellowship program is Michael J. Shapiro, Ph.D., professor in the Department of Political Science, University of Hawai'i at Mānoa.

Ingersoll's dissertation, *Seascape Epistemology: Decolonization Within Hawai'i's Neocolonial Surf Tourism Industry*, helps to validate native Hawaiian ways of theorizing, constructing, and conceiving knowledge anchored in Hawaiian genealogical, cultural, political, and spiritual relationships with the sea. She is working with a potential publisher toward turning her doctoral research into two books.

Doctoral fellows who completed the 2008-2009 program were: Noelani Arista, a Ph.D. candidate in the Department of History at Brandeis University; and Nālani Sing, who received a Ph.D. in interdisciplinary studies with a concentration in educational leadership/systems from Union Institute & University in Cincinnati, Ohio. The 2008 postdoctoral fellowships were

awarded to B. Kamanamikalani Beamer, Ph.D. in geography from the University of Hawai'i at Mānoa, Sydney Lehua Iaukea, Ph.D. in political science from the University of Hawai'i at Mānoa; and Kathleen L. Kawelu, Ph.D. in anthropology from the University of California at Berkeley.

The selection committee for the Mellon Fellows is comprised of senior scholars and kupuna: Panel Chair Robert Lindsey, who is Member, Board of Directors at

The Kohala Center and the Hawai'i Island Trustee for the Office of Hawaiian Affairs; Panel Executive Advisor, Dr. Shawn Kana'iaupun who is Director of Public Education Support Division at Kamehameha Schools; Dr. Dennis Gonsalves who is Executive Director of the Pacific Basin Agricultural Research Center; and a Professor Emeritus at Cornell University; Dr. Pualani Kanahale, who is a Distinguished Professor at Hawai'i Community College,

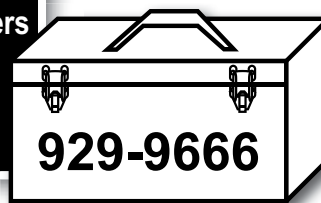
Kumu Hula for Halau O Kekuhi and Member of the Board of Directors of the Edith Kanaka'ole Foundation; and Dr. James Kauahikaua who is Scientist in-Charge at the U.S. Geological Survey, Hawaiian Volcano Observatory.



Dr. Karin Ingersoll, a Mellon-Hawai'i Postdoctoral Fellow, studies the ocean's affect on Hawaiian thinking, culture.

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New Real Estate Office open in the Ka'u area. Serving Pahala, Nā'ālehu, Waiohinu, Ocean View for all of your buying and

Natl Park Film, cont. from pg. 21

that the most special places in the nation should be preserved for everyone," Orlando said.

Through archival photos, first-person accounts, personal memories and stunning cinematography, it tells the story of the national parks. Liner notes say it is "the story of people: people from every conceivable background – rich and poor; famous and unknown; soldiers and scientists; natives and newcomers; idealists, artists, and entrepreneurs. People who were willing to *The Ka'ū Calendar*

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devote themselves to saving some precious portion of the land they loved, and in doing so reminded their fellow citizens of the full meaning of democracy. It is a story full of struggle and conflict; high ideals and crass opportunism; stirring adventure and enduring inspiration – set against the most breathtaking backdrops imaginable."

The National Parks: Americas Best Idea also began airing on Sunday, Sept. 27 on consecutive nights on PBS. See www.pbs.org/nationalparks.

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FHVNP Institute, cont. from pg. 21

take advantage of the new moon for night photography as well as the early morning for sunrise shots. Overnight participants break camp and leave Kahuku by 11 a.m. on Sunday. Cost for Saturday only is \$65 for non-members or \$40 for members, including snacks and dinner. Cost for Saturday and Sunday is \$80 for non-members or \$55 for members, including snacks, dinner, and breakfast.

Hawai'i Volcanoes National Park Ranger Adrian Boone leads a rigorous interpretive hike on the Napau and Naulu trails on Saturday, Oct. 24 from 8 a.m. to 4

p.m. This 12-mile hiking trip traverses pahoe-hoe and 'a'ā lava flows, passes through dense rainforest and includes a gradual 1200' elevation loss. Hikers hear how 'ohi'a forests turned to lava trees, gaze into gaping Makaopuhi and Napau craters and see fuming Pu'u 'O'o. Cost per person is \$45 for non-members or \$30 for members. A special discounted rate of \$10 is available for up to five full-time students with ID.

To register for the programs, call 985-7373, email admin@fhvnp.org, or visit www.fhvnp.org.

Shibuya & Santiago Rev Up Ka'ū Boys & Girls Clubs

by Nālanī Parlin

All Boys & Girls Clubs in Ka'ū will offer full days of activities for members on the public school teacher furlough days, when schools will be closed as part of state budget cuts. Hours at Pāhala, Nā'ālehu and Ocean View will be from 7:30 a.m. to 5:30 p.m. and will include an academic-based program followed by the clubs' usual after-school programming.

Implementing this initiative in Pāhala is new Unit Director Terry Lee Shibuya. Shibuya, a Pāhala native and 1986 graduate of Ka'ū High, started the position in August and has already increased club enrollment to 111 members. For the Fall Intersession, Oct. 5-9 when students are on break from school, Shibuya has planned a week of free activities collaborating with Nā Pua No'ēau. The activities will incorporate Hawaiian culture and values into hands-on activities including hula, lei- and haku-making, and preparation of ho'okupu (gifts). Family members are welcome to participate alongside the children. Shibuya said she wanted to make the program all-day to accommodate the schedules of working parents.

Most recently Shibuya, who now lives in Nā'ālehu, worked in the schools as counselor for the Big Island Substance Abuse Council. With a long career in hu-

man services, Shibuya has also worked as a Certified Nurses Aide, an educational assistant and also a therapeutic aide for high-risk students at Ka'ū High, a mental health technician and residential manager for Care Hawai'i and as a dispatcher at Volcanoes National Park. She also owns Masazo's Pig Farm with husband Dane and has been a foster parent.



Pāhala Boys and Girls Club Unit Director Terry Lee Shibuya

She holds a certification in PATCH child-care and substance abuse counseling and is completing an Associate's degree in Human Services.

Committed to the community and education, Shibuya has been a coordinator and kumu with Kukulu Kumuhana O Ka'ū, a Hawaiian summer youth program, and is also the Nā Pua No'ēau coordinator for Ka'ū. She also served as treasurer for non-profit group Hana Laulima Lahui O Ka'ū, which attempted to create a cultural center at Punalu'u. Over the years she has participated in and donated to several fundraisers for both Pāhala and Nā'ālehu schools, community functions, the Nā'ālehu Menehune T-ball team and the Ka'ū High yearbook.

"I have always had a passion for working with kids. The greatest thing to me is being able to help a child reach their goals," said Shibuya. She said her goals for the Pāhala Boys & Girls club include creating a safe and positive environment that emphasizes the club's national core values: character and leadership; education and career development; the arts; health and life skills development and sports, fitness and recreation development.

In addition to study help, the club offers several activities such as Hawaiian culture mo'olelo (stories) and art with Kumu Jesse Ke and Maile Yawauda; Hula with Alisha Ulu Makua-kane; swimming with lifeguard Cassandra Bectia; arts and crafts with June Domondon, sewing and crafts with Whitney McClure, 'ukulele with Keoki Kahumoku, tennis with Angie Miyashiro and volleyball with Nona Makua-kane. Students also do community clean-ups with 'O Ka'ū Kākou and participate in monthly drug-free sign waving. The club is looking forward to receiving computers

in the near future and going on field trips such as an overnigher in Waimea and visiting Kaiholena with The Nature Conservancy. On Statehood Day club members and family enjoyed science, cultural and community service activities at Honu'apo with members of Ka 'Ohana O Honu'apo.

The club also collaborates with Pastor Troy Gacayan and is located at the River of Life Assembly of God church. Assisting Shibuya in Pāhala are Youth Development Specialists Dolly Kailiawa and Chaslyn



Rachel Velez, Ocean View Boys and Girls Club Youth Development Specialist III

Center and was operating in the Nā'ālehu School Gym for over a year. Ocean View was the first club to partner with the Ocean View Parks and Recreation to open a summer program at Kahuku Park and after seeing an overwhelming 66 students sign up decided to maintain the site. "These kids just want some place to be," said Santiago. She splits her time between the two sites, alternating weekly with Youth Development Specialist Rachel Velez. Part-time worker Leigh Mitchell, who works with disabled children, also alternates between the sites every other day.

Kamei.

Ocean View & Nā'ālehu Club

Unit Director of Ocean View Boys & Girls Club Nikki Santiago has recently reopened the Ocean View site in addition to the site in Nā'ālehu after realizing the extreme need for after school activities in the area. The club had moved from the Ocean View Community

Center and was operating in the Nā'ālehu School Gym for over a year. Ocean View was the first club to partner with the Ocean View Parks and Recreation to open a summer program at Kahuku Park and after seeing an overwhelming 66 students sign up decided to maintain the site. "These kids just want some place to be," said Santiago. She splits her time between the two sites, alternating weekly with Youth Development Specialist Rachel Velez. Part-time worker Leigh Mitchell, who works with disabled children, also alternates between the sites every other day.

Boys & Girls, pg. 16

Notice for 2,000 Acre Subdivision Plan Posted for Moa'ula



Proposal to subdivide 2,020.55 acres of land from Scottie White Bridge to Ka'ū coffee farms is posted along the Moa'ula Road in Pāhala.

Make My Day at Ocean View

Make My Day Hawai'i, a non-profit organization that promotes the arts and music in Hawai'i's schools, has opened Treasure Hunt Resale Outlet on Saturdays at the Ocean View Farmers' Market until a permanent location can be secured. For more information, call Debra Bridgers at 936-9358 or visit www.makemydayhawaii.com.

The request for a 2,020.55-acre subdivision on land running from Pāhala to the upper reaches of Ka'ū coffee farms was posted in September near Scotty White Bridge on the lower Moa'ula Road. The land is zoned Ag 20, but the developer is asking for a number of smaller lots, claiming that with all the steep land in gulches and on hillsides, the owners would suffer

hardship unless they could have all 100 lots allowed by Ag 20 zoning by making smaller lots on the buildable and farmable land.

Part of the plan calls for subdividing the approximately 290 acres of Ka'ū coffee

Moa'ula, pg. 15

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